Focus on malnutrition in healthcare helps: Just 4 steps can help improve older adult malnutrition care.

MALNUTRITION: AN OLDER ADULT CRISIS

Up to 1 out of 2 older adults are at risk for malnutrition.

$51.3 billion
Estimated annual cost of disease-associated malnutrition in older adults in the US.

Malnutrition leads to more complications, falls, and 30-day readmissions.

Malnutrition is highest in older adults.

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Protein-Calorie Malnutrition Related Hospital Stays per 100,000 Population</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aged 85+</td>
<td>3,754</td>
</tr>
<tr>
<td>Aged 65-84</td>
<td>1,487</td>
</tr>
<tr>
<td>Aged 40-64</td>
<td>437</td>
</tr>
<tr>
<td>Aged 18-39</td>
<td>107</td>
</tr>
</tbody>
</table>

References:

Screen all patients +
Assess nutritional status +
Diagnose malnutrition +
Intervene with appropriate nutrition

Focusing on malnutrition in healthcare helps:
- Decrease healthcare costs
- Improve patient outcomes
- Reduce readmissions
- Support healthy aging
- Improve quality of healthcare

Support policies across the healthcare system that defeat older adult malnutrition.

Learn more at www.DefeatMalnutrition.Today

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