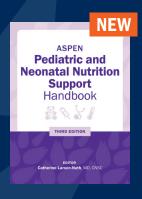
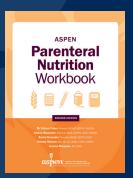
# 2023 ASPEN BOOK CATALOG

Keep up with the latest science and practice in clinical nutrition











#### **Enteral Nutrition**

## ASPEN Enteral Nutrition Handbook, Second Edition



This updated handbook provides the latest recommendations on safe practices; ENFit; and information on preparation, labeling, and dispensing of enteral nutrition. Separate chapters on formulas for pediatric and adult patients are included. ©2019

	Print	eBook	Both
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Non-Member	\$87.99	\$74.99	\$101.99

## Guidebook on Enteral Medication Administration



Finally, a single resource on medication administration via feeding tubes. It covers enteral devices, drug nutrient interactions, drug solubility and bioavailabilty, and drug preparation and administration, and contains 169 drug monographs with data and recommendations for each medication. ©2019

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Novice to advanced practitioners will find value in this handy reference on parenteral nutrition. It contains sections on order review, compounding, and drug shortage management. ©2020

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## ASPEN Parenteral Nutrition Workbook, Second Edition

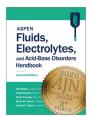


Ideal for classroom use, this updated workbook will help you become proficient in writing parenteral nutrition (PN) orders. It includes realistic examples of common clinical presentations in adult, pediatric, and neonatal patients, along with new material on competency and home PN. ©2022

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## Fluids, Electrolytes, Acid-Base

## ASPEN Fluids, Electrolytes, and Acid-Base Disorders Handbook, Second Edition



This concise, user-friendly handbook covers common electrolyte and acid-base disorders, provides guidance on hydration and electrolyte balance, and includes diagnostic tests and therapeutic goals. Patient scenarios and vital pediatric considerations are also included. ©2020

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## The ASPEN Adult Nutrition Support Core Curriculum, Third Edition



A comprehensive review of current, clinically based information from an interdisciplinary perspective on evolving nutrition topics, showcasing clinical guidelines and practice. A reliable resource for clinicians and those preparing for certification in nutrition support. ©2017

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Written with an interdisciplinary, evidence-based approach, this comprehensive textbook covers nutrition support of infants and children. It includes learning objectives and "Test Your Knowledge" questions. ©2015

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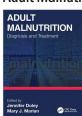
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This book reviews the risk factors and etiologies of malnutrition, as well as screening, assessment, diagnosis, and treatment to aid healthcare professionals in the successful care of adults with this condition. ©2023

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# The Practitioner's Guide to Nutrition-Focused Physical Exam of Infants, Children, and Adolescents: An Illustrated Handbook



This illustrated guide helps clinicians discern the presence and degree of malnutrition during nutrition assessment of infants, children, and adolescents. It also offers tips and techniques for use in daily practice, including special populations. ©2019

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## Nutrition-Focused Physical Exam for Adults: An Illustrated Handbook, Second Edition



This new edition outlines how to perform nutrition-focused physical exams on adult patients. It includes more than 100 photos and illustrations, as well as useful tips for daily practice, telehealth, and electronic medical record documentation. ©2022

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## Nutrition-Focused Physical Exam: A Companion Video

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Written by experts in pediatric nutrition support, this handbook is a comprehensive, quick-reference for clinicians caring for neonates, infants, children, and adolescents receiving parenteral and enteral nutrition. ©2023

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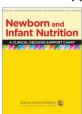
## Nutritional Care of Preterm Infants: Scientific Basis and Practical Guidelines, Second Edition



This updated edition presents the most recent evidence and critical analyses of nutrient requirements to provide guidance for clinical practice, with a focus on very low birth weight infants. Nutrition care for various disease conditions is also addressed. ©2021

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## Newborn and Infant Nutrition: A Clinical Decision Support Chart



A handy resource for point-ofcare decision tools based on AAP policy for nutrition of newborns and infants. Includes formula feeding, parenteral nutrition, complementary feeding, nutrient deficiencies, and growth. ©2020

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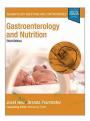
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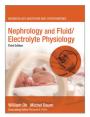
#### Gastroenterology and Nutrition, Third Edition



This book, which is part of the Neonatology Questions and Controversies series, highlights the challenging aspects of neonatal care and provides guidance on current diagnostic and treatment options. ©2019

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## Nephrology and Fluid/Electrolyte Physiology, Third Edition



In this book, which is part of the Neonatology Questions and Controversies series, neonatology experts offer trustworthy guidance on the current diagnostic and treatment options in the field. They help practitioners handle difficult practice issues to provide optimal, evidence-based care. ©2019

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#### Infant and Pediatric Feedings, Third Edition



This must-have resource provides the latest information guiding preparation and handling of human milk, formula, and blenderized tube feeding for infants and young children. ©2019

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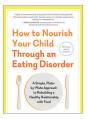
## Pocket Guide to Children With Special Health Care and Nutritional Needs, Second Edition



This updated pocket guide is essential for clinicians working with children up to age 18 with special healthcare needs. It includes recommendations for nutrition screening, assessment, intervention, and transitioning to adult care. ©2021

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## How to Nourish Your Child Through an Eating Disorder



In this essential guide, the authors introduce an all-new strategy that can be used to help your child at home: The "Plate-by-Plate" approach is rooted in family-based treatment—the leading psychological therapy for eating disorders. ©2018

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## **Disease-Specific**

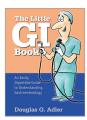
## Surgical Metabolism: The Metabolic Care of the Surgical Patient, Second Edition



This book covers a wide array of metabolic topics involving surgical patients under acute and chronic care. Detailed explanations for alterations in metabolic pathways are provided, related to insulin and growth hormone, fat, carbohydrate, and protein. ©2020

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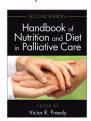
## The Little GI Book: An Easily Digestible Guide to Understanding Gastroenterology



This handy guide covers basic anatomy and physiology of the GI tract, including the liver, gallbladder, and pancreas. Common GI diseases and treatments are also reviewed. ©2020

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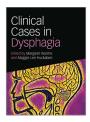
## Handbook of Nutrition and Diet in Palliative Care, Second Edition



A comprehensive guide, providing needed information on nutrition and diet for terminal patients and others needing palliative care, including nutrition support. ©2019

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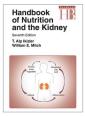
#### Clinical Cases in Dysphagia



Written by experts in speech pathology, this book offers clinicians valuable insights to better understand the varied presentation and management of dysphagia across a range of different conditions. ©2019

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#### Handbook of Nutrition and the Kidney, Seventh Edition



This book provides practical, clinically relevant information for addressing the nutritional needs of patients with acute and chronic kidney disease. Includes access to a free eBook! ©2018

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## Oncology Nutrition for Clinical Practice, Second Edition



This comprehensive and fully updated second edition addresses nutrition through the cancer continuum, from carcinogenesis and prevention, to treatment, survivorship, and palliative care. ©2021

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## Nutritional Oncology: Nutrition in Cancer Prevention, Treatment, and Survivorship



This book presents evidencebased approaches to the study and application of nutrition support in all phases of cancer, including prevention, response to treatment, avoidance of relapse, and promotion of quality of life for cancer survivors. ©2021

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#### Disease-Specific continued...

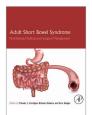
## Pocket Guide to Bariatric Surgery, Third Edition



This updated edition provides evidence-based guidance for nutrition care in the treatment of patients before and after bariatric surgery, during weight stabilization, and in lifelong follow-up care. ©2021

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## Adult Short Bowel Syndrome: Nutritional, Medical, and Surgical Management



A practical guide to the care of patients with complex short bowel syndrome. It includes numerous useful tables, figures, and case study examples. ©2019

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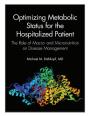
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## **General Reference**

## Optimizing Metabolic Status for the Hospitalized Patient: The Role of Macro and Micronutrition on Disease Management



This book addresses the nutrition knowledge gap among physicians in the hospital setting, medical students and residents, nurse practitioners, and physician assistants. It also provides guidance for day-to-day metabolic management of hospitalized patients. ©2023

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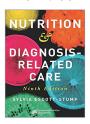
## Nutrición Aplicada en Patologías Crónicas



This unique book consists of 12 chapters dedicated to the nutritional management of different chronic pathologies. There is no other Spanish publication that combines the applied and didactic information contained here. ©2020 eBook format only

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## Nutrition & Diagnosis-Related Care, Ninth Edition



This go-to resource for students and clinicians covers more than 270 conditions, providing condition-specific, evidence-based medical nutrition therapy information throughout the life cycle. Case examples demonstrate application of the nutrition care process. ©2022

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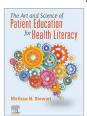
## Pocket Guide to Nutrition Assessment, Fourth Edition



This essential pocket guide details how to conduct a complete nutrition assessment as a first step in the nutrition care process. It covers the 5 domains of nutrition assessment, implementation of the nutrition care process, and diagnosis of malnutrition. ©2022

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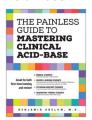
## The Art and Science of Patient Education for Health Literacy



Learn how to approach different types of patients to improve communication and accommodate their educational needs. Gain a better understanding of the emotional states and grieving process. Handy tools and key points are highlighted in each chapter. ©2020

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## The Painless Guide to Mastering Clinical Acid-Base



This book introduces basic information such as buffers and acid-base physiology, and provides in-depth discussion on various acid-base disorders. Illustrations and text boxes highlight important points. ©2016

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Ideal for new researchers, undergraduate/graduate level research courses, or those interpreting or presenting research, this book covers research designs, basic statistical principles, and ethical considerations. ©2018

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