

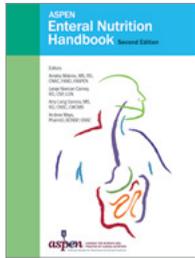
# 2022 ASPEN Book Catalog

## ASPEN Book Collection

Keep up to date with the latest science and practice of clinical nutrition with ASPEN books. Available in the ASPEN online store at [www.nutritioncare.org/store](http://www.nutritioncare.org/store).

### ENTERAL NUTRITION

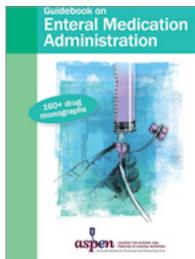
#### ASPEN Enteral Nutrition Handbook, Second Edition



This updated handbook provides the latest recommendations on safe practices; ENFit®; and information on preparation, labeling, and dispensing of enteral nutrition. Separate chapters on formulas for pediatric and adult patients are included. ©2019

	Print	eBook	Both
Member:	\$67.99	\$57.99	\$78.99
Non-Member:	\$84.99	\$72.99	\$97.99

#### Guidebook on Enteral Medication Administration

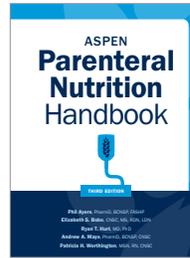


Finally, a single resource on medication administration via feeding tubes. Part I covers enteral devices, drug nutrient interactions, drug solubility and bioavailability, and drug preparation and administration. Part II contains 169 individual drug monographs with data and recommendations for each medication. ©2019

	Print	eBook	Both
Member:	\$79.99	\$67.99	\$91.99
Non-Member:	\$98.99	\$84.99	\$113.99

### PARENTERAL NUTRITION

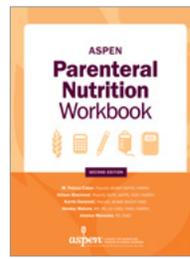
#### ASPEN Parenteral Nutrition Handbook, Third Edition



Novice to advanced practitioners will find value in this handy reference on parenteral nutrition. It contains sections on order review, compounding, and drug shortage management. ©2020

	Print	eBook	Both
Member:	\$54.95	\$46.95	\$63.95
Non-Member:	\$68.95	\$58.95	\$79.95

#### ASPEN Parenteral Nutrition Workbook, Second Edition

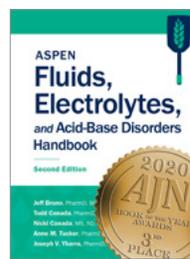


Demonstrate proficiency in prescribing and writing parenteral nutrition (PN) orders. Ideal for classroom use, this new edition includes realistic examples of common clinical presentations in adult, pediatric, and neonatal patients, along with new material on competency and home PN. ©2022

	Print	eBook	Both
Member:	\$63.99	\$54.99	\$73.99
Non-Member:	\$79.99	\$67.99	\$91.99

### FLUIDS, ELECTROLYTES, ACID-BASE

#### ASPEN Fluids, Electrolytes, and Acid-Base Disorders Handbook, Second Edition



This concise, user-friendly handbook covers common electrolyte and acid-base disorders and includes diagnostic tests and therapeutic goals. Patient scenarios reinforce concepts of regulation of water and sodium disorders. Pediatric considerations are included. ©2020

	Print	eBook	Both
Member:	\$54.95	\$46.95	\$63.95
Non-Member:	\$68.95	\$58.95	\$79.95

## SPECIAL HANDBOOK PACKAGES

### TWO-BOOK PACKAGE

- Fluids, Electrolytes, and Acid-Base Disorders Handbook, Second Edition
- ASPEN Parenteral Nutrition Handbook, Third Edition

	Print	eBook
Member:	\$98.95	\$84.95
Non-Member:	\$124.95	\$105.95

### THREE-BOOK PACKAGE

Two-book package *PLUS* the ASPEN Enteral Nutrition Handbook, Second Edition

	Print	eBook
Member:	\$151.95	\$138.95
Non-Member:	\$189.95	\$167.95

ASPEN BOOK COLLECTION (continued)

CORE CURRICULUM

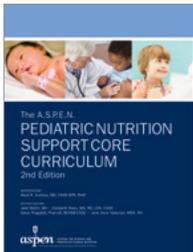
The ASPEN Adult Nutrition Support Core Curriculum, Third Edition



A comprehensive review of current, clinically based information from an interdisciplinary perspective on evolving nutrition topics, showcasing clinical guidelines and practice. A reliable resource for clinicians and for those preparing for certification in nutrition support. ©2017

	Print	eBook	Both
Member:	\$199.95	\$178.00	\$215.00
Non-Member:	\$279.95	\$254.50	\$296.00

The ASPEN Pediatric Nutrition Support Core Curriculum, Second Edition



Written with an interdisciplinary, evidence-based approach, this comprehensive textbook covers nutrition support of infants and children. Each of the 37 chapters include learning objectives and “Test Your Knowledge” review questions. ©2015

	Print	eBook	Both
Member:	\$159.99	\$135.99	\$183.99
Non-Member:	\$199.99	\$169.99	\$229.99

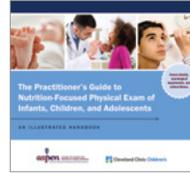
ASPEN ADULT & PEDIATRIC CORE PACKAGE

Purchase The ASPEN Adult Nutrition Support Core Curriculum, Third Edition AND The ASPEN Pediatric Nutrition Support Core Curriculum, Second Edition and save.

	Print Only	eBook Only
Member:	\$287.99	\$244.99
Non-Member:	\$383.99	\$326.99

MALNUTRITION

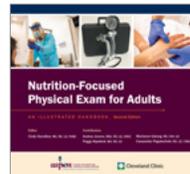
The Practitioner’s Guide to Nutrition-Focused Physical Exam of Infants, Children, and Adolescents



This illustrated guide is a handy resource for the identification and degree of physical depletion and malnutrition in infants, children, and adolescents, and addresses specialty populations including obesity, neurological impairment, and critical care. ©2019

	Print	eBook	Both
Member:	\$39.95	\$34.00	\$49.95
Non-Member:	\$49.95	\$44.95	\$59.95

Nutrition-Focused Physical Exam for Adults: An Illustrated Handbook, Second Edition



This new edition assists clinicians with performing nutrition-focused physical exams on their adult patients, including those with obesity. It includes more than 100 enhanced photos and illustrations, useful tips and techniques for daily practice and telehealth appointments, and suggestions for electronic medical record documentation. ©2022

	Print	eBook	Both
Member:	\$39.99	\$33.99	\$45.99
Non-Member:	\$49.99	\$42.99	\$57.99

Companion Video

Member: \$14.95 Non-Member: \$21.50

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## ASPEN Comarketed Book Collection

Keep up to date with the latest medical books relevant to clinical nutrition available in the ASPEN online store at [www.nutritioncare.org/store](http://www.nutritioncare.org/store). This collection was curated by ASPEN's Publications Review Committee.

### DISEASE-SPECIFIC

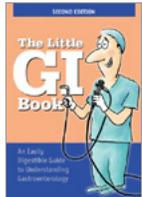
#### Surgical Metabolism: The Metabolic Care of the Surgical Patient, Second Edition



This book covers a wide array of metabolic topics involving surgical patients under acute and chronic care. Detailed explanations for alterations in metabolic pathways are provided, related to insulin and growth hormone, fat, carbohydrate, and protein. ©2020

Member Price: \$114.99  
Non-Member Price: \$119.99

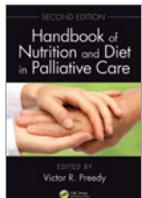
#### The Little GI Book: An Easily Digestible Guide to Understanding Gastroenterology



This affordable book extends and complements information provided in ASPEN titles on adult patients. It covers basic anatomy and physiology of the GI tract (from the esophagus to the rectum) including the liver, gallbladder, and pancreas, and diseases and treatments are discussed. ©2020

Member Price: \$30.99  
Non-Member Price: \$34.99

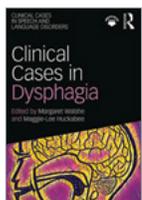
#### Handbook of Nutrition and Diet in Palliative Care, Second Edition



A comprehensive guide, providing needed information on nutrition and diet for terminal patients and others needing palliative care, including nutrition support. ©2019

Member Price: \$147.99  
Non-Member Price: \$184.99

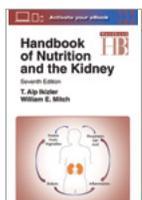
#### Clinical Cases in Dysphagia



Written by experts in speech pathology, this book offers clinicians valuable insights to better understand the varied presentation and management of dysphagia across a range of different conditions. ©2019

Member Price: \$26.99  
Non-Member Price: \$29.99

#### Handbook of Nutrition and the Kidney, Seventh Edition



This book provides practical, clinically relevant information for addressing the nutritional needs of patients with acute and chronic kidney disease. Includes access to a free eBook! ©2018

Member Price: \$53.99  
Non-Member Price: \$66.99

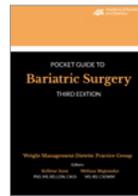
#### Oncology Nutrition for Clinical Practice, Second Edition



This comprehensive and fully updated second edition addresses nutrition through the cancer continuum, from carcinogenesis and prevention, to treatment, survivorship, and palliative care. ©2021

Member Price: \$87.99  
Non-Member Price: \$94.99

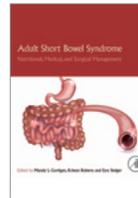
#### Pocket Guide to Bariatric Surgery, Third Edition



This updated edition provides evidence-based guidance for nutrition care in the treatment of patients before and after bariatric surgery, during weight stabilization, and in lifelong follow-up care. ©2021

Member Price: \$29.99  
Non-Member Price: \$34.99

#### Adult Short Bowel Syndrome: Nutritional, Medical, and Surgical Management

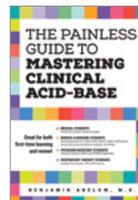


A practical guide to the care of patients with complex short bowel syndrome. It includes numerous useful tables, figures, and case study examples. ©2019

Member Price: \$99.99  
Non-Member Price: \$124.99

### GENERAL REFERENCE

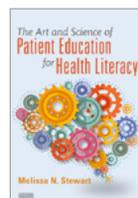
#### The Painless Guide To Mastering Clinical Acid-Base



This book introduces basic information (eg., buffers and acid-base physiology) and provides in-depth discussion on various acid-base disorders. Well illustrated with text boxes highlighting important points. ©2016

Member Price: \$15.99  
Non-Member Price: \$19.99

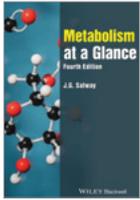
#### The Art and Science of Patient Education for Health Literacy



Gain knowledge in how to approach different patients so you can better communicate needed information and accommodate their educational needs, including a better understanding of the emotional states you encounter and the grieving process. Supplement your teaching and mentoring using the tools and key points in each chapter. ©2020

Member Price: \$51.99  
Non-Member Price: \$64.99

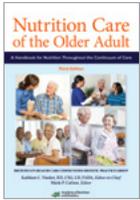
## GENERAL REFERENCE (continued)

**Metabolism at a Glance, Fourth Edition**

This large-format book presents colorful, easy-to-follow pathways on energy, carbohydrates, fat, amino acids, and steroids. ©2017

Member Price: \$41.99

Non-Member Price: \$51.99

**Nutrition Care of the Older Adult, Third Edition**

This book is useful for nutrition support practitioners who care for aging adults residing independently at home or in assisted living and nursing facilities. It includes easy-to-use tables, figures, decision trees, and flow diagrams. ©2016

Member Price: \$67.99

Non-Member Price: \$74.99

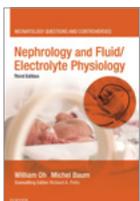
**Nutrición Aplicada en Patologías Crónicas**

This unique book consists of 12 chapters dedicated to the nutritional management of different chronic pathologies. There is no other Spanish publication that brings together the updated, applied, and didactic information contained here. *In eBook format only.* ©2020

Member Price: \$71.99

Non-Member Price: \$89.99

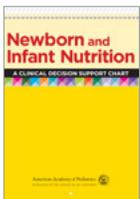
## PEDIATRICS

**Nephrology and Fluid/Electrolyte Physiology, Third Edition**

In this book, renowned experts offer trustworthy guidance on the current diagnostic and treatment options in the field of neonatology. They help practitioners handle difficult practice issues to provide optimal, evidence-based care. ©2019

Member Price: \$71.99

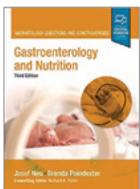
Non-Member Price: \$89.99

**Newborn and Infant Nutrition: A Clinical Decision Support Chart**

A handy resource for point-of-care decision tools based on AAP policy for nutrition of newborns and infants. Includes formula feeding, parenteral nutrition, complementary feeding, nutrient deficiencies, and growth. ©2020

Member Price: \$39.99

Non-Member Price: \$44.99

**Gastroenterology and Nutrition, Third Edition**

This book highlights the challenging aspects of neonatal care and provides guidance on current diagnostic and treatment options. ©2019

Member Price: \$71.99

Non-Member Price: \$89.99

**Nutritional Care of Preterm Infants: Scientific Basis and Practical Guidelines, Second Edition**

This updated edition presents the most recent evidence and critical analyses of nutrient requirements to provide guidance for clinical practice, with a focus on very low birth weight infants. Approaches to nutrition care for various disease conditions are also addressed. ©2021

Member Price: \$175.99

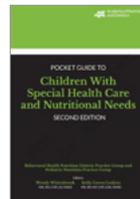
Non-Member Price: \$185.99

**Infant and Pediatric Feedings, Third Edition**

This must-have resource provides the latest information guiding preparation and handling of human milk, formula, and blenderized tube feeding for infants and young children. ©2019

Member Price: \$53.99

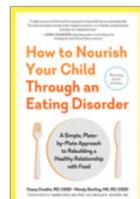
Non-Member Price: \$59.99

**Pocket Guide to Children With Special Health Care and Nutritional Needs, Second Edition**

This updated pocket guide is essential for clinicians working with children up to age 18 with special healthcare needs. It includes recommendations for nutrition screening, assessment, intervention, and transitioning to adult care. ©2021

Member Price: \$29.99

Non-Member Price: \$34.99

**How to Nourish Your Child Through an Eating Disorder**

The "Plate-by-Plate Approach" is rooted in the leading psychological approach to family-based treatment for eating disorders. The book is useful for clinicians providing care to this challenging population, including adult patients. ©2018

Member Price: \$13.99

Non-Member Price: \$16.99

## RESEARCH/QUALITY IMPROVEMENT

**Nutrition Research: Concepts and Applications**

This book covers research designs, basic statistical principles, and ethical considerations and is great for new researchers, undergraduate/graduate-level research methods lectures, and interpreting or presenting research. ©2018

Member Price: \$73.99

Non-Member Price: \$92.99

**ABC of Quality Improvement in Healthcare**

This book is a terrific introduction to QI, simplifying concepts to make it easily understandable for any healthcare professional regardless of pre-existing knowledge or experience. ©2020

Member Price: \$34.99

Non-Member Price: \$43.99