Supplements are collections of papers which may be packaged together with a regular issue or mailed separately. These guidelines will also apply to special sections or groups of articles within a regularly-numbered issue of a journal if they have outside sponsorship, have guest editorship, or are on a topic that is a proprietary product. The American Society for Parenteral and Enteral Nutrition (ASPEN) follows the principles of the International Committee of Medical Journal Editors (ICMJE) and has modified the guidelines below.

ASPEN will consider the publication of supplements such as:

- Proceedings of a scientific meeting (e.g., summit, consensus meeting, Congress)
  - Funding for the supplement may be ASPEN or sponsoring organization of the meeting, which may have received an educational grant from industry.
- Compilation of articles submitted by a commercial entity on a specific theme. The supplement would be completely funded by the commercial entity.

Supplements should be expected to take at least 9 – 12 months from idea proposal to publication. All content of a supplement is subject to the same scrutiny as a regular journal issue with specifics as outlined below:

To safeguard the scientific quality of the publication, all supplement proposals are subject to the approval of the editor-in-chief of the journal. All supplement articles are subject to the same ethical standards as regular submissions, which includes peer review, copyright and compliance with the [ASPEN Policy on Publishing Ethics, May 2018](https://www.aspen.org/). 

**Guiding Principles for Journal Supplements**

As commercial funding can bias supplement content, ASPEN is guided by the following principles:

1. The journal editor has full responsibility for the adherence to policies and ensuring the appropriateness and quality of the content.
2. The journal editor has the right to appoint external guest editor(s) and must assume responsibility for the work of those editors.
3. The journal editor has the authority to send supplement manuscripts for external peer review and has the right to make an accept/reject decision based on feedback from reviewers.
4. Advertising in supplements will follow the same policies as those of the primary journal.
5. Journal and supplement editors must not accept personal favors or direct remuneration from sponsors of supplements.
6. Secondary publication in supplements (republication of papers published elsewhere) will be identified by the citation of the original paper and by the title.
7. The same principles of authorship and disclosure of potential conflicts of interest discussed that apply to the primary journal will be applied to supplements.
8. The supplement sponsor must have a medical/scientific affairs professional as a part of their supplement team.
Supplement Development Process Overview

To facilitate the timely publication of supplements, ASPEN requires that the supplement sponsor is represented by a medical/scientific advisor who participates in the discussions with the journal editor, to include:

1. Initial call to discuss the idea for the proposed supplement, expected content, timelines for content submission, peer review process, and other relevant details
2. At discretion of the journal editor, calls will occur at regular intervals and at a minimum, the key milestone points, such as:
   a. receipt of all manuscripts;
   b. end of peer review process with manuscripts sent back to authors for edits/revisions.

ASPEN will publish the supplement on a schedule, subject to necessary schedule delays due to the reviewing and revision processes for individual manuscripts that may occur before the final decision. Timelines will be managed carefully but the scientific integrity of the journal will not be jeopardized due to a timeline.

Determining Which Journal is Appropriate for a Supplement

Sponsor may propose supplement concept to a specific ASPEN journal. However, the journal editor reserves the right to propose publication in an alternate ASPEN journal, as appropriate. The following describes the focus of each journal.

The *Journal of Parenteral and Enteral Nutrition (JPEN)* is the premier scientific journal of nutrition and metabolic support. It publishes original peer-reviewed studies that define the cutting edge of basic and clinical research in the field. It explores the science of optimizing the care of patients receiving enteral or IV therapies. Also included: reviews, techniques, brief reports, case reports, and abstracts.

*Nutrition in Clinical Practice (NCP)* is a peer-reviewed, interdisciplinary publication that publishes articles about the scientific basis and clinical application of nutrition and nutrition support. It aims to bridge the gap between research and practice. NCP contains comprehensive reviews, clinical research, case observations, and other types of papers written by experts in the field of nutrition and health care practitioners involved in the delivery of specialized nutrition support.

For further information about sponsoring a supplement, contact Kurt Polesky, Senior Account Manager, Supplements, John Wiley & Sons, Inc. 781-388-8560 kpolesky@wiley.com

References
