

2021-2022 Physician Engagement Committee

COMMITTEE CHAIRS



Jeffrey I. Mechanick, MD,
FACP, FACN, MACE, ECNU
Chair



Jayshil Patel, MD, FASPEN
Vice Chair

COMMITTEE STAFF LIASON



Pat Anthony, MS, RD, FASPEN

For more information contact
Pat Anthony at
pata@nutritioncare.org or
(301) 920-9140

The Physician Engagement Committee was created in 2017 by the ASPEN Board of Directors with the goal to grow the physician community both nationally and internationally within ASPEN.

GOALS

- Create a home for physicians within ASPEN.
- Increase physician awareness of ASPEN activities/resources of value to physicians.
- Expand involvement and interaction with the international physician community.
- Develop an annual cutting-edge symposium at the Medical Practice Section forum.
- Develop an annual pre-conference course for local, national and international physicians.
- Promote collaborative writing of manuscripts among physicians in ASPEN on nutrition topics.
- Engage physician organizations across medical/surgical specialties for collaboration on nutrition issues.
- Build awareness of our nutrition community through a physician directory and a series of physician spotlight interviews.

SUBCOMMITTEES

Physician Spotlights

Interviews of Senior Leaders, Young Rising Stars and International Colleagues in nutrition will be posted monthly on the website and as a podcast.

Co-chairs: Jay Patel, Carolyn Newberry

Physician Directory

Determine the feasibility and interest in a physician directory on the ASPEN website. The directory would allow members to find qualified physicians for speaking engagements, publications, research collaborations, etc. *Please add your profile to the directory at: nutritioncare.org/PhysicianForm*

Co-chairs: Manpreet Mundi, Steve McClave

Key Publications

A) Provide a monthly summary of a key publications on the Physician section of the ASPEN website.

Chair: Sara Bonnes

B) Key Publication in *NCP*

In partnership with Nutrition in Clinical Practice physician nutrition specialists will publish thought-provoking and educational nutrition articles. The publication may be a pivotal paper, systematic/narrative review, clinical controversy or clinical dilemma.

Co-chairs: Berkeley Limketkai, Jay Patel

Continued from page 1

Career Development

Keep physician members aware of important ASPEN opportunities (awards, volunteer opportunities and other activities of interest to physicians).

Chair: Paul McCarthy, Jose Pimiento

Medical Practice Section

The Medical Practice Section (MPS) is sponsored by the Physician Engagement Committee (PEC) and committed to improving education and member involvement, with a particular emphasis on increasing physician awareness, visibility and networking in clinical nutrition. The section sponsors a symposium every year at the ASPEN annual meeting and works year-round to provide physicians and other medical professionals opportunities to engage in nutrition mentorship, research, and clinical practice. Membership is open to all disciplines, and cross-collaboration among providers is encouraged.

Chair: Carolyn Newberry, Sara Bonnes

Annual Pre-conference Physicians Course

Organize the pre-conference course for physicians, liaising with local medical institutions to drive early interest in nutrition to medical trainees, and to attract a US and international physician audience. Coordinate publication of a *JPEN* supplement from the course content.

Co-chairs: Jay Patel, Jose Pimiento, Chet Morrison, Jennifer Katz

Bookmark and visit regularly for physician-specific content:

Physician Community at
nutritioncare.org/physicians

 facebook.com/nutritioncare.org

 nutritioncare.org/Linkedin

 twitter.com/aspensweb

 nutritioncare.org/youtube

 nutritioncare.org/podcasts

MEMBERS OF PHYSICIAN ENGAGEMENT COMMITTEE

COMMITTEE CHAIR

Jeffrey I. Mechanick, MD, FACP, FACN, MACE, ECNU

Jeffrey I. Mechanick is professor of medicine and medical director of the Marie-Josée and Henry R. Kravis Center for Cardiovascular Health at Mount Sinai Heart, and in the Cardiovascular Institute and Division of Cardiology, and director of metabolic support in the Division of Endocrinology, Diabetes, and Bone Disease in the Icahn School of Medicine at Mount Sinai, New York, NY. He received his MD from the Icahn School of Medicine at Mount Sinai and completed his internal medicine residency at Baylor College of Medicine and his endocrine fellowship at The Mount Sinai Hospital. Dr. Mechanick has authored over 350 publications in endocrinology, metabolism, and nutrition support. He is past president of the American College of Endocrinology, the American Association of Clinical Endocrinologists, and the American Board of Physician Nutrition Specialists. Dr. Mechanick was appointed as a member of the President's Council on Fitness, Sports and Nutrition (PCFSN) Science Board for 2010-2013, and was editor-in-chief and is currently editor-in-chief emeritus of the PCFSN quarterly publication, *Elevate Health*. Dr. Mechanick serves as chair of the Board of Visitors for the College of Computer, Mathematics, and Natural Sciences at the University of Maryland at College Park.

COMMITTEE VICE CHAIR

Jayshil (Jay) Patel, MD, FASPEN

Jayshil (Jay) Patel is associate professor of medicine at the Medical College of Wisconsin in Milwaukee. There he cares for critically ill adults, teaches learners at various levels, and conducts critical care outcomes research with an emphasis on identifying best critical care nutrition practices. Dr. Patel received his BA from the University of Illinois and his MD from Ross University. He completed training in internal medicine at Cook County Hospital in Chicago and a fellowship in pulmonary and critical care medicine at the Medical College of Wisconsin, where he served as chief fellow. Post-fellowship, he was a K30 clinical research scholar through the Clinical and Translational Science Institute of Southeastern Wisconsin and completed advanced training in clinical nutrition through the Nestlé Clinical Nutrition Fellowship. Dr. Patel served as chair of ASPEN's Critical Care Section and currently serves as vice-chair of the Physician Engagement Committee. He has served a member of the ASPEN COVID-19 Task Force, the ASPEN Critical Care Nutrition Guidelines committee, the ASPEN Physician Spotlight subcommittee, and the ASPEN Conference Program Committee.

COMMITTEE MEMBERS

Monica Agarwal MD, MEHP, FACE

Monica Agarwal is Associate Professor of Medicine at the University of Alabama at Birmingham (UAB) and clinical faculty at the Birmingham Veterans Affairs Medical Center (BVAMC). She completed her residency in Internal Medicine at the University of Illinois/Advocate System and fellowship in Endocrinology, Diabetes, and Metabolism at the University of Arkansas for Medical Sciences (UAMS). She did her Master of Education in the Health Professions at Johns Hopkins. Monica is a diplomate of the American Board of Obesity (ABOM). She is the Program Director for the Obesity Fellowship Program at UAB. She is physician lead for the Nutrition Support Team at the VA and MOVE (Managing obesity in Veterans Everywhere) Physician Champion for the weight loss program at the VA. Her clinical focus is malnutrition, obesity medicine in the outpatient setting, and parenteral nutrition in the inpatient setting. She is the Chair of the American Association of Clinical Endocrinology (AACE) Disease State Network (DSN) for Obesity and Nutrition.

Sara Bonnes, MD, MS

Sara Bonnes is associate professor of medicine at Mayo Clinic, Rochester. She is a general internist with advanced training in nutrition. A significant part of her clinic practice is working with patients on home parenteral/ enteral nutrition and intestinal failure. Dr. Bonnes received her Bachelor and Master of Science degrees in nutrition from Kansas State University prior to completing medical school at the University of Nebraska Medical Center. She completed her internal medicine residency and a year as chief resident at Mayo Clinic Rochester. Dr. Bonnes completed additional training through the Nestlé Nutrition Institute and is board-certified as a physician nutrition specialist.

Vikram J. Christian MD, FAAP, CNSC

Vikram Christian is an Assistant Professor of Pediatrics at the University of Minnesota. He received his medical degree from Father Muller Medical College in Mangalore, India, completed his pediatric residency at Marshfield Clinic, Marshfield, Wisconsin and completed pediatric gastroenterology fellowship training at the Medical College of Wisconsin, Milwaukee, Wisconsin. Dr. Christian also completed the Nestlé Clinical Nutrition Fellowship in 2019. He is board certified in pediatrics and pediatric gastroenterology and is a certified nutrition support clinician (CNSC). Dr. Christian's interest lies in nutrition support, pediatric feeding disorders, food insecurity, malnutrition and advocacy. He is an active member on multiple committees at ASPEN, and the North American Society for Pediatric Gastroenterology, Hepatology and Nutrition (NASPGHAN).

Sara A. Hennessy, MD, FACS

Sara A. Hennessy is an Associate Professor in the Department of Surgery at UT Southwestern since 2015. Her surgical practice focuses on Bariatric and Foregut Surgery, Surgery Critical Care and Nutrition. She is the Surgical ICU Medical Director at Clements University Hospital, the Director of Nutrition at Clements University Hospital and Associate Program Director of the MIS/Bariatric Fellowship at UTSW. Sara attended the University of Virginia where she earned her degrees in Biology and Psychology. She continued on at the University of Virginia to earn her medical degree and for her post-graduate training in General Surgery, followed by her fellowship training in Surgery Critical Care and Minimally Invasive and Bariatric Surgery.

Matthew B Kaspar, MD

Matthew B Kaspar, MD, is Assistant Professor in the Division of Gastroenterology, Hepatology, and Nutrition at Virginia Commonwealth University (VCU) School of Medicine and Attending Physician at VCU Health System in Richmond, Virginia. Dr Kaspar earned his medical degree from the University of Texas Health Science Center, San Antonio, Texas. He completed residency in Internal Medicine, fellowship in Nutrition and Inflammatory Bowel Disease, and fellowship in Gastroenterology, Hepatology, and Nutrition at Medical College of Virginia/Virginia Commonwealth University Hospital System. Dr Kaspar is board certified in Internal Medicine and Gastroenterology.

Dr Kaspar's clinical interests include general gastroenterology along with short bowel syndrome, intestinal failure, and parenteral and enteral nutrition. He serves as the Chairman of the Hospital Nutrition Committee and Director of the Short Bowel and Parenteral Nutrition Clinic at VCUHS.

Jennifer Katz, MD

Jennifer Katz is an Assistant Professor of Medicine at the NYU Grossman School of Medicine and Director of Enteral and Parenteral Nutrition at NYU Langone Health in New York. Dr. Katz received her BA from the University of Pennsylvania and MD from the Albert Einstein College of Medicine where she graduated with a distinction in gastroenterology research. She completed residency in internal medicine from NYU Langone Health and fellowship in gastroenterology at Montefiore Medical Center. She is a board-certified physician nutrition scientist. Her clinical interest includes medical education, malnutrition, and the role of diet in the management of gastrointestinal illness.

COMMITTEE MEMBERS *(continued)*

Paul McCarthy, MD, FCCP

Paul McCarthy is assistant professor of medicine at the West Virginia University School of Medicine and director of cardiovascular critical care, as well as an intensivist, nephrologist, and a member of the multidisciplinary nutritional support team at the West Virginia University Heart and Vascular Institute. Dr. McCarthy earned his undergraduate degree from Case Western Reserve University and his medical degree from Ross University. He completed his residency at NEOMED affiliated Aultman Hospital in Canton, Ohio and fellowships at Louisiana State University–Shreveport and the University of Maryland. Dr. McCarthy's clinical and research interests include nutritional support during critical illness and extracorporeal support. He has held several leadership positions within the National Board of Nutritional Support Certification (NBNSC).

Stephen A. McClave, MD, FASPEN, ACN, AGA, ASGE

Stephen A. McClave is professor of medicine and director of clinical nutrition at the University of Louisville School of Medicine. He received his medical degree from Ohio State University and completed his internal medicine and chief residencies at the Medical University of South Carolina and his gastroenterology fellowship at the University of South Florida. He served on the ASPEN board for six years and is a past president and was co-chair and lead author of both the 2009 and the 2016 ASPEN/SCCM guidelines for nutrition in the adult critically ill patient. Dr. McClave is the recipient of the ASPEN 2019 Distinguished Nutrition Support Physician Service Award and is founding chair of the new ASPEN Committee on Physician Engagement. He is a diplomat and past president of the National Board of Physician Nutrition Specialists and was co-chair and lead author for the 2016 American College of Gastroenterology guidelines on nutrition therapy of the adult hospitalized patient. Dr. McClave was awarded the Honorary Lifetime Membership of the Academy of Nutrition and Dietetics. He is a fellow of ASPEN, ACN, AGA, and the ASGE.

Dr. McClave's research interests and clinical expertise involve critical care nutrition and early enteral feeding, guidelines for nutrition therapy, endoscopic techniques for enteral access, and indirect calorimetry.

Chet A. Morrison, MD, FACS, FCCM

Chet A. Morrison is associate professor of surgery at the Central Michigan University School of Medicine and trauma medical director for St. Mary's Ascension Hospital in Saginaw, Michigan. He is board-certified in surgery and critical care and has been an attending trauma surgeon for 20 years. Dr. Morrison received his bachelor's degrees from Cornell University and his medical degree from George Washington University. He completed his surgical training with the Army at the William Beaumont Army Medical Center. Following two years as a staff surgeon in the Republic of Korea, Dr. Morrison completed fellowship training at the University of Maryland Shock Trauma Center. He has held academic appointments at Michigan State University and the University of Pennsylvania School of Medicine. Dr. Morrison is an Iraq war veteran and has also been deployed to Honduras and Colombia. He has received several military decorations, including a bronze star and the Expert Field Medic Badge. Dr. Morrison's primary interests lie in medical education, sepsis, and nutritional care of the trauma patient. He is involved in leadership roles in several regional and national professional organizations including ASPEN.

Manpreet Mundi, MD

Manpreet Mundi is professor of medicine and holds the leadership positions of chair of the Outpatient Nutrition Core Group and chair of Mayo Clinic Food Services at the Mayo Clinic in Rochester, where he is the medical director of the home enteral nutrition program and the associate program director of the home parenteral and enteral nutrition program. He also serves on the board of the Oley Foundation. Dr. Mundi obtained his medical degree from the University of Southern California and completed a residency program in internal medicine followed by a fellowship in endocrinology at the Los Angeles County–University of Southern California Medical Center. He then joined the Mayo Clinic Division of Endocrinology as an NIH training grant fellow with a research focus in fatty acid metabolism and obesity. Dr. Mundi subsequently joined the clinical staff at Mayo Clinic as a consultant in the Division of Endocrinology Nutrition Core Group. His clinical focus is malnutrition as well as nutrition support in home and inpatient settings, with a special interest in support of patients on parenteral and enteral nutrition.

Carolyn Newberry, MD, PNS

Carolyn Newberry is assistant professor of medicine at Weill Cornell Medical College and an attending physician at New York Presbyterian Hospital/Weill Cornell Medical Center. She is a clinical gastroenterologist with advanced training in nutrition and obesity sciences. Dr. Newberry received her BS from The George Washington University. She completed her medical degree at Temple University School of Medicine, and her residency in internal medicine and fellowship in gastroenterology at the Hospital of the University of Pennsylvania, where she was also chief fellow. During her time in her gastroenterology fellowship, she completed advanced training in nutrition through the Nestlé Nutrition Institute Clinical Fellowship, as well as through specialized clinical electives resulting in a board-certification as a physician nutrition specialist (PNS). Dr. Newberry's primary clinical and research interests lie in defining the relationship between GI, nutrition, and obesity—diet's role in treating common gastrointestinal diseases, the link between malnutrition and gut pathology, and optimal therapy for obesity management.

COMMITTEE MEMBERS *(continued)*

Jose M. Pimiento, MD, FACS

Jose M. Pimiento is associate professor in the Gastrointestinal Oncology Department of the Moffitt Cancer Center. He serves as the medical director for inpatient surgical services and as the leader of the upper gastrointestinal section. Dr. Pimiento earned his medical degree at the Universidad Nacional de Colombia. He completed a general surgery residency at Saint Mary's Health System/Affiliated Yale University School of Medicine and a fellowship in surgical research in vascular surgery at Yale University School of Medicine. He also completed a fellowship in surgical oncology and an advanced fellowship in surgical oncology research at Moffitt Cancer Center. Dr. Pimiento has worked in understanding the role of nutraceuticals for chemoprevention of gastrointestinal oncogenesis. Currently, his research focus is on the treatment of gastrointestinal malignancies, studying the patient-specific factors that are associated with clinical response to treatment before, during, and after combination therapy. These factors include the baseline nutritional status of patients and specifically associated markers of malnutrition, including sarcopenia, decreased functional status and altered baseline immunity, the impact on the patient's ability to tolerate oncologic therapies and therefore, their outcomes. Dr. Pimiento was awarded ASPEN's Stanley J. Dudrick Research Scholar award in 2019.

ASPEN BOARD OF DIRECTORS LIAISON

Ajay Jain, MD, DNB

Ajay Jain is associate professor of pediatrics with a dual appointment in pharmacology and physiology at Saint Louis University (SLU) and also serves as associate division chief of pediatric gastroenterology and hepatology and section head of pediatric nutrition. He completed his fellowship training at Baylor College of Medicine where he developed his research focus. The Rhoads Research grant from ASPEN was among his early extramural grants which helped him develop his research career and obtain substantial subsequent funding. Dr. Jain has supported his basic science laboratory via NIH and foundation funds with a focus on gut microbial alterations with use of parenteral nutrition, short bowel syndrome, role of luminal driven signaling, liver injury, protein processing, and genetic disease. He is also involved in clinical research as a Primary Investigator for leading single center trials and multicenter NIH and industry-sponsored trials and is the site investigator and pediatric PI for the NIH-funded NASH CRN. Dr. Jain has received several national awards and accolades for his work, including ASPEN's Harry M. Vars Award and Stanley J. Dudrick Award. He also serves as a member and committee chair to several national organizations and is on the board of directors for ASPEN.

EX OFFICIO MEMBERS

Lingtak Neander Chan, PharmD, BCNSP, FCCP, FASPEN

Lingtak-Neander Chan is a Professor of Pharmacy in the School of Pharmacy, and an Interdisciplinary Faculty of the Graduate Program in Nutritional Sciences at the University of Washington, Seattle. He was formerly a faculty member of the College of Pharmacy and College of Medicine at the University of Illinois at Chicago. He received his Bachelor of Pharmacy and Toxicology degrees from Northeastern University in Boston, his Doctor of Pharmacy degree from the University of Washington, and his residency training at the University of Washington Academic Medical Center in Seattle. He is a past president (2019-2020) of ASPEN and an associate editor of JPEN. He has published book chapters, review articles, original research papers and invited editorials, and has been an invited speaker at numerous scientific and professional conferences internationally. His research focus includes drug and micronutrient absorption kinetics, impact of bariatric surgery on drug and nutrient absorption, and antioxidant and micronutrient use in critical illness.

Beth Taylor, DCN, RD-AP, CNSC, FAND, FASPEN, FCCM

Beth Taylor is a research scientist at Barnes-Jewish Hospital (BJH) in St. Louis, Missouri. Prior to joining the department of research, she spent nearly 19 years as a clinical nutrition specialist in the surgical/trauma intensive care unit at BJH. During that time, Dr. Taylor served as a clinical faculty member for the American College of Critical Care Medicine Fellowship Program at Washington University School of Medicine and the adult nurse practitioner program at Barnes-Jewish Goldfarb School of Nursing. She is currently serving as the co-chair of program planning for the 2021 Society of Critical Care Medicine Congress and is on the ASPEN research committee. She frequently presents at the annual meeting for both organizations and was one of the lead authors on the 2016 SCCM/ASPEN guidelines for nutrition in the critically ill patient. She has spoken nationally and internationally, published over 10 textbook chapters and has several peer reviewed publications on the topics of enteral, parenteral and ICU nutrition. Dr. Taylor has won numerous awards, including the Medal of Excellence as a post-doctorate student at Rutgers University. Her research interests include the impact of critical illness on patients' function and nutritional recovery.