

# 2020-2021 Physician Engagement Committee

## COMMITTEE CHAIRS



Jeffrey Mechanick, MD,  
FACP, FACN, EGNU Chair



Jayshil Patel, MD  
Vice Chair

## COMMITTEE STAFF LIASON



Pat Anthony, MS, RD, FASPEN

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The Physician Engagement Committee was created in 2017 by the ASPEN Board of Directors with the goal to grow the physician community both nationally and internationally within ASPEN.

## GOALS

- Create a home for physicians within ASPEN.
- Increase physician awareness of ASPEN activities/resources of value to physicians.
- Expand involvement and interaction with the international physician community.
- Develop an annual cutting-edge symposium at the Medical Practice Section forum.
- Develop an annual pre-conference course for local, national and international physicians.
- Promote collaborative writing of manuscripts among physicians in ASPEN on nutrition topics.
- Engage physician organizations across medical/surgical specialties for collaboration on nutrition issues.
- Build awareness of our nutrition community through a physician directory and a series of physician spotlight interviews.

## SUBCOMMITTEES

### Physician Spotlights

Interviews of Senior Leaders, Young Rising Stars and International Colleagues in nutrition will be posted monthly on the website.

Co-chairs: Jay Patel, Carolyn Newberry, Martin Rosenthal

### Physician Directory

Determine the feasibility and interest in a physician directory on the ASPEN website. The directory would allow members to find qualified physicians for speaking engagements, publications, research collaborations, etc. *Please add your profile to the directory at: [nutritioncare.org/PhysicianForm](http://nutritioncare.org/PhysicianForm)*

Co-chairs: Manpreet Mundi, Steve McClave

### Key Publications

Provide a monthly summary of a key publications on the Physician section of the ASPEN website.

Chair: Berkeley Limketkai

### Manuscript Writing Mentorship

Encourage and coordinate physician authorship on nutrition related topics in ASPEN journals (*NCP & JPEN*) and other nutrition related journals.

Co-chairs: Sara Bonnes, Ryan Hurt

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### Career Development

Keep physician members aware of important ASPEN opportunities (awards, volunteer opportunities and other activities of interest to physicians).

Chair: Paul McCarthy

### Medical Practice Section Symposium

Plan the symposium for the section forum at the ASPEN conference.

Chair: Carolyn Newberry

### Pre-conference Physicians Course 2021 (Virtual)

Organize the pre-conference course for physicians, liaising with local medical institutions to drive early interest in nutrition to medical trainees, and to attract a US and international physician audience.

Co-chairs: Jay Patel, Manpreet Mundi, Jeff Mechanick

*Bookmark and visit regularly for physician-specific content:*

**Physician Community at [nutritioncare.org/physicians](https://nutritioncare.org/physicians)**

 [facebook.com/nutritioncare.org](https://facebook.com/nutritioncare.org)

 [nutritioncare.org/Linkedin](https://nutritioncare.org/Linkedin)

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 [nutritioncare.org/podcasts](https://nutritioncare.org/podcasts)

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## MEMBERS OF PHYSICIAN ENGAGEMENT COMMITTEE

### COMMITTEE CHAIR

#### Jeffrey I. Mechanick, MD, FACP, FACN, EGNU

Jeffrey I. Mechanick is professor of medicine and medical director of the Marie-Josée and Henry R. Kravis Center for Cardiovascular Health at Mount Sinai Heart, and in the Cardiovascular Institute and Division of Cardiology, and director of metabolic support in the Division of Endocrinology, Diabetes, and Bone Disease in the Icahn School of Medicine at Mount Sinai, New York, NY. He received his MD from the Icahn School of Medicine at Mount Sinai and completed his internal medicine residency at Baylor College of Medicine and his endocrine fellowship at The Mount Sinai Hospital. Dr. Mechanick has authored over 350 publications in endocrinology, metabolism, and nutrition support. He is past president of the American College of Endocrinology, the American Association of Clinical Endocrinologists, and the American Board of Physician Nutrition Specialists. Dr. Mechanick was appointed as a member of the President's Council on Fitness, Sports and Nutrition (PCFSN) Science Board for 2010-2013, and was editor-in-chief and is currently editor-in-chief emeritus of the PCFSN quarterly publication, Elevate Health. Dr. Mechanick serves as chair of the Board of Visitors for the College of Computer, Mathematics, and Natural Sciences at the University of Maryland at College Park.

### COMMITTEE VICE CHAIR

#### Jayshil (Jay) Patel, MD

Jayshil (Jay) Patel is associate professor of medicine at the Medical College of Wisconsin in Milwaukee. There he cares for critically ill adults, teaches learners at various levels, and conducts critical care outcomes research with an emphasis on identifying best critical care nutrition practices. Dr. Patel received his BA from the University of Illinois and his MD from Ross University. He completed training in internal medicine at Cook County Hospital in Chicago and a fellowship in pulmonary and critical care medicine at the Medical College of Wisconsin, where he served as chief fellow. Post-fellowship, he was a K30 clinical research scholar through the Clinical and Translational Science Institute of Southeastern Wisconsin and completed advanced training in clinical nutrition through the Nestlé Clinical Nutrition Fellowship. Dr. Patel served as chair of ASPEN's Critical Care Section and currently serves as vice-chair of the Physician Engagement Committee. He has served a member of the ASPEN COVID-19 Task Force, the ASPEN Critical Care Nutrition Guidelines committee, the ASPEN Physician Spotlight subcommittee, and the ASPEN Conference Program Committee.

### COMMITTEE MEMBERS

#### **Sara Bonnes, MD, MS**

Sara Bonnes is associate professor of medicine at Mayo Clinic, Rochester. She is a general internist with advanced training in nutrition. A significant part of her clinic practice is working with patients on home parenteral/ enteral nutrition and intestinal failure. Dr. Bonnes received her Bachelor and Master of Science degrees in nutrition from Kansas State University prior to completing medical school at the University of Nebraska Medical Center. She completed her internal medicine residency and a year as chief resident at Mayo Clinic Rochester. Dr. Bonnes completed additional training through the Nestlé Nutrition Institute and is board-certified as a physician nutrition specialist.

#### **Praveen Goday, MD**

Praveen Goday is professor of pediatrics at the Medical College of Wisconsin and medical director of the clinical nutrition program at the Children's Hospital of Wisconsin in Milwaukee. He received his medical degree from Madras Medical College in Madras, India, and completed his pediatrics residency at Connecticut Children's Medical Center in Hartford, CT, and his fellowship in pediatric gastroenterology and nutrition at the Children's Hospital Medical Center in Cincinnati, Ohio. Dr. Goday has wide-ranging interests in the field of pediatric nutrition, from malnutrition to nutrition support of the critically ill child. He has served on the ASPEN board, as chair of the NASPGHAN Nutrition Committee, and currently serves on the Committee on Nutrition of the American Academy of Pediatrics.

#### **Ryan Hurt, MD, PhD**

Ryan Hurt is professor of medicine at the Mayo Clinic College of Medicine and Science and on faculty of the Division of General Internal Medicine at the Mayo Clinic, Rochester where he has joint appointments in the divisions of gastroenterology and endocrinology. He serves as vice chair of practice and vice chair of research in general internal medicine, as well as the director of the home parenteral and enteral nutrition program. Dr. Hurt holds a BA from Hamline University, a MS in biology from Murray State University, a MS in physiology from the University of Louisville, and is currently a MBA student at Augsburg University. He received his MD and PhD in physiology from the University of Louisville School of Medicine and completed his residency and chief residency in internal medicine at the University of Louisville Affiliated Hospitals. Dr. Hurt is board-certified by the American Board of Internal Medicine. Dr. Hurt completed the Nestlé Clinical Nutrition Fellowship and now is a faculty member for the program. He has a clinical interest in nutrition, obesity, and addiction, has published over 130 peer-reviewed manuscripts; and has NIH funding to support examining the overlaps between addiction and obesity. He currently serves on the board of directors for ASPEN, as vice president.

#### **Arsalan Khan, MD**

Arsalan Khan is an internal medicine physician and associate director of the nutrition support services at OSF St. Francis Medical Center in Peoria, Illinois. He completed his internal medicine training at UIC/Advocate Christ Hospital in Oak Lawn, Illinois, and was chief resident at Advocate Lutheran General Hospital in Park Ridge, Illinois. After completing internal medicine training, he pursued fellowship training in clinical nutrition at the University of Chicago Medical Center and continues to build upon that experience.

#### **Reginald Labossiere, MD, FACP, FACN**

Reginald Labossiere is the CEAT physician lead at the VISN 07 in Atlanta, Georgia. Prior to this, he was chief of staff at the Gulf Coast Veterans Health Care System, assistant chief of staff for clinical operations and acting chief of dermatology at the New Orleans VA Medical Center. At the Carl Vinson VAMC in Dublin, Georgia, he served as acting chief of staff, deputy chief of staff, and chief of geriatrics and extended care. Dr. Labossiere's extensive VA career has also taken him to Audie L. Murphy VA Hospital in San Antonio, Texas; the Hines VA Hospital in Hines, Illinois; and the Oklahoma City VAMC. Dr. Labossiere obtained his medical diploma at the Medical School of the Faculté de Médecine in Port-au-Prince, Haiti; completed residencies at University Hospital in Haiti, Metropolitan Medical Center in New York, and Mount Sinai Medical Center in Miami Beach, Florida; and completed a post-doctoral research fellowship and nutritional clinical fellowship at Columbia University and a geriatric fellowship at Loyola University. His academic appointments have included assistant professor of medicine at Tulane University, and assistant professor at Loyola University, Oklahoma University, and University of Texas Health Science Center. He is a member of ASPEN, the American College of Health Care Executives, and the American College of Physicians.

#### **Berkeley Limketkai, MD, PhD, FACG**

Berkeley Limketkai is associate clinical professor at UCLA School of Medicine and director of clinical research at the UCLA Center for Inflammatory Bowel Diseases (IBD). He received his medical degree from the University of Cincinnati and completed his internal medicine residency, gastroenterology fellowship, and PhD at the Johns Hopkins University. Given his primary clinical and research interests in nutrition and IBD, his doctoral dissertation focused on the role of vitamin D in IBD pathogenesis and severity. Dr. Limketkai also pursued advanced training as the Theodore M. Bayless Fellow in Inflammatory Bowel Diseases at Johns Hopkins University and clinical nutrition training through the Nestlé Nutrition Institute Clinical Fellowship. Dr. Limketkai is currently building a clinical and research program for IBD nutrition at UCLA. The multidisciplinary clinical program involves development of clinical nutrition protocols and workflows for high-quality care delivery. The research program focuses on investigating the interaction between [mal]nutrition and IBD, identifying novel therapies for IBD, and applying technology (e.g., digital health, artificial intelligence) for nutrition and gastroenterology.

### COMMITTEE MEMBERS *(continued)*

#### **Paul McCarthy, MD, FCCP**

Paul McCarthy is assistant professor of medicine at the West Virginia University School of Medicine and director of cardiovascular critical care, as well as an intensivist, nephrologist, and a member of the multidisciplinary nutritional support team at the West Virginia University Heart and Vascular Institute. Dr. McCarthy earned his undergraduate degree from Case Western Reserve University and his medical degree from Ross University. He completed his residency at NEOMED affiliated Aultman Hospital in Canton, Ohio and fellowships at Louisiana State University–Shreveport and the University of Maryland. Dr. McCarthy's clinical and research interests include nutritional support during critical illness and extracorporeal support. He has held several leadership positions within the National Board of Nutritional Support Certification (NBNSC).

#### **Chet A. Morrison, MD, FACS, FCCM**

Chet A. Morrison is associate professor of surgery at the Central Michigan University School of Medicine and trauma medical director for St. Mary's Ascension Hospital in Saginaw, Michigan. He is board-certified in surgery and critical care and has been an attending trauma surgeon for 20 years. Dr. Morrison received his bachelor's degrees from Cornell University and his medical degree from George Washington University. He completed his surgical training with the Army at the William Beaumont Army Medical Center. Following two years as a staff surgeon in the Republic of Korea, Dr. Morrison completed fellowship training at the University of Maryland Shock Trauma Center. He has held academic appointments at Michigan State University and the University of Pennsylvania School of Medicine. Dr. Morrison is an Iraq war veteran and has also been deployed to Honduras and Colombia. He has received several military decorations, including a bronze star and the Expert Field Medic Badge. Dr. Morrison's primary interests lie in medical education, sepsis, and nutritional care of the trauma patient. He is involved in leadership roles in several regional and national professional organizations including ASPEN.

#### **Manpreet Mundi, MD**

Manpreet Mundi is professor of medicine and holds the leadership positions of chair of the Outpatient Nutrition Core Group and chair of Mayo Clinic Food Services at the Mayo Clinic in Rochester, where he is the medical director of the home enteral nutrition program and the associate program director of the home parenteral and enteral nutrition program. He also serves on the board of the Oley Foundation. Dr. Mundi obtained his medical degree from the University of Southern California and completed a residency program in internal medicine followed by a fellowship in endocrinology at the Los Angeles County–University of Southern California Medical Center. He then joined the Mayo Clinic Division of Endocrinology as an NIH training grant fellow with a research focus in fatty acid metabolism and obesity. Dr. Mundi subsequently joined the clinical staff at Mayo Clinic as a consultant in the Division of Endocrinology Nutrition Core Group. His clinical focus is malnutrition as well as nutrition support in home and inpatient settings, with a special interest in support of patients on parenteral and enteral nutrition.

#### **Carolyn Newberry, MD, PNS**

Carolyn Newberry is assistant professor of medicine at Weill Cornell Medical College and an attending physician at New York Presbyterian Hospital/Weill Cornell Medical Center. She is a clinical gastroenterologist with advanced training in nutrition and obesity sciences. Dr. Newberry received her BS from The George Washington University. She completed her medical degree at Temple University School of Medicine, and her residency in internal medicine and fellowship in gastroenterology at the Hospital of the University of Pennsylvania, where she was also chief fellow. During her time in her gastroenterology fellowship, she completed advanced training in nutrition through the Nestlé Nutrition Institute Clinical Fellowship, as well as through specialized clinical electives resulting in a board-certification as a physician nutrition specialist (PNS). Dr. Newberry's primary clinical and research interests lie in defining the relationship between GI, nutrition, and obesity—diet's role in treating common gastrointestinal diseases, the link between malnutrition and gut pathology, and optimal therapy for obesity management.

#### **Jose M. Pimiento, MD, FACS**

Jose M. Pimiento is associate professor in the Gastrointestinal Oncology Department of the Moffitt Cancer Center. He serves as the medical director for inpatient surgical services and as the leader of the upper gastrointestinal section. Dr. Pimiento earned his medical degree at the Universidad Nacional de Colombia. He completed a general surgery residency at Saint Mary's Health System/Affiliated Yale University School of Medicine and a fellowship in surgical research in vascular surgery at Yale University School of Medicine. He also completed a fellowship in surgical oncology and an advanced fellowship in surgical oncology research at Moffitt Cancer Center. Dr. Pimiento has worked in understanding the role of nutraceuticals for chemoprevention of gastrointestinal oncogenesis. Currently, his research focus is on the treatment of gastrointestinal malignancies, studying the patient-specific factors that are associated with clinical response to treatment before, during, and after combination therapy. These factors include the baseline nutritional status of patients and specifically associated markers of malnutrition, including sarcopenia, decreased functional status and altered baseline immunity, the impact on the patient's ability to tolerate oncologic therapies and therefore, their outcomes. Dr. Pimiento was awarded ASPEN's Stanley J. Dudrick Research Scholar award in 2019.

### COMMITTEE MEMBERS *(continued)*

#### **Martin Rosenthal, MD**

Martin Rosenthal is assistant professor of surgery in the Division of Trauma and Acute Care Surgery at the University of Florida College of Medicine. He earned his medical degree from Mercer University School of Medicine and completed a general surgery residency and a fellowship in critical care medicine at the University of Florida. Dr. Rosenthal is board-certified in surgery and surgical critical care. His post-graduate surgical training also includes nutrition fellowships at Louisville University and Oregon Health and Science University, as well as an abdominal wall reconstruction course. His professional interests are in nutrition and enterocutaneous fistulas and he is building an abdominal wall reconstruction and intestinal failure clinic at UF Health. His research interest is persistent inflammation immunosuppression catabolic syndrome and how potential nutritional intervention could help decrease inflammation and promote anabolism. Dr. Rosenthal serves as chair of the nutrition committee at UF, is a member of several professional and medical organizations including ASPEN and the Society of Critical Care Medicine and is a fellow of the American College of Surgeons.

### ASPEN BOARD OF DIRECTORS LIAISON

#### **Ajay Jain, MD, DNB**

Ajay Jain is associate professor of pediatrics with a dual appointment in pharmacology and physiology at Saint Louis University (SLU) and also serves as associate division chief of pediatric gastroenterology and hepatology and section head of pediatric nutrition. He completed his fellowship training at Baylor College of Medicine where he developed his research focus. The Rhoads Research grant from ASPEN was among his early extramural grants which helped him develop his research career and obtain substantial subsequent funding. Dr. Jain has supported his basic science laboratory via NIH and foundation funds with a focus on gut microbial alterations with use of parenteral nutrition, short bowel syndrome, role of luminal driven signaling, liver injury, protein processing, and genetic disease. He is also involved in clinical research as a Primary Investigator for leading single center trials and multicenter NIH and industry-sponsored trials and is the site investigator and pediatric PI for the NIH-funded NASH CRN. Dr. Jain has received several national awards and accolades for his work, including ASPEN's Harry M. Vars Award and Stanley J. Dudrick Award. He also serves as a member and committee chair to several national organizations and is on the board of directors for ASPEN.

### EX OFFICIO MEMBERS

#### **Allison Blackmer, PharmD, BCPS, BCPPS, FCCP**

Allison Blackmer is associate professor at the University of Colorado Skaggs School of Pharmacy and Pharmaceutical Sciences and the clinical pharmacy specialist at the Special Care Clinic at Children's Hospital Colorado. She received her PharmD from the University of Illinois at Chicago School of Pharmacy and then completed a PGY1 pharmacy practice residency and PGY2 pediatric specialty residency at the University of North Carolina Medical Center. After her post-graduate training, she held a faculty position at the University of Michigan College of Pharmacy and was the clinical pharmacist on the pediatric surgery service at C.S. Mott Children's Hospital at the University of Michigan. Her clinical, scholarship, and research interests include pediatric intestinal failure, parenteral nutrition support, and the optimization of pediatric pharmacotherapy, specifically the pharmacotherapy management of children with medical complexity.

#### **Beth Taylor, DCN, RD-AP, CNSC, FAND, FASPEN, FCCM**

Beth Taylor is a research scientist at Barnes-Jewish Hospital (BJH) in St. Louis, Missouri. Prior to joining the department of research, she spent nearly 19 years as a clinical nutrition specialist in the surgical/trauma intensive care unit at BJH. During that time, Dr. Taylor served as a clinical faculty member for the American College of Critical Care Medicine Fellowship Program at Washington University School of Medicine and the adult nurse practitioner program at Barnes-Jewish Goldfarb School of Nursing. She is currently serving as the co-chair of program planning for the 2021 Society of Critical Care Medicine Congress and is on the ASPEN research committee. She frequently presents at the annual meeting for both organizations and was one of the lead authors on the 2016 SCCM/ASPEN guidelines for nutrition in the critically ill patient. She has spoken nationally and internationally, published over 10 textbook chapters and has several peer reviewed publications on the topics of enteral, parenteral and ICU nutrition. Dr. Taylor has won numerous awards, including the Medal of Excellence as a post-doctorate student at Rutgers University. Her research interests include the impact of critical illness on patients' function and nutritional recovery.