




THE STATE OF TEXAS

GOVERNOR

 *To all to whom these presents shall come,
Greetings: Know ye that this official recognition is
presented to all observing*

Malnutrition Awareness Week

September 18–22, 2023

Access to appropriate nutrition is essential to maintaining good health. Texans who face insufficient or unbalanced nourishment run the risk of malnutrition, a medical condition common among hospitalized patients, those living in food-insecure households, older adults, and minority populations. Malnutrition can lead to many health problems and an increased risk of chronic illnesses such as diabetes, kidney disease, cancer, and cardiovascular disease. It is important to remember that a balanced diet can help the body heal from injury and can prevent serious diseases.

In Texas, we know that it is not our challenges that define us, but rather how we rise above them. Thanks to the dedicated work of many organizations, state agencies, and medical professionals, residents of the Lone Star State are raising greater awareness and combating malnutrition. A week in September is devoted to providing the necessary tools that ensure resources are available to those suffering from and vulnerable to malnutrition.

At this time, I commend you on your efforts to shed light on the dangers of malnutrition and to support affected populations and patients. It is through education, planning, and collaboration that we can minimize the impact of malnutrition and improve the health and quality of life for all Texans.

First Lady Cecilia Abbott joins me in encouraging all Texans to observe Malnutrition Awareness Week.



In testimony whereof, I have signed my name and caused the Seal of the State of Texas to be affixed at the City of Austin this the 28th day of July 2023.



Greg Abbott
Governor of Texas