

The State of New Hampshire
By His Excellency
Christopher T. Sununu, Governor

A Proclamation

In the year of our Lord Two Thousand and Twenty-Three

MALNUTRITION AWARENESS WEEK
SEPTEMBER 18-22, 2023

WHEREAS, experts agree that nutrition status is a direct measure of health, and that good nutrition can keep people healthy and out of health care institutions; and

WHEREAS, inadequate or unbalanced nutrition, known as malnutrition, is prevalent in many groups, including vulnerable populations such as hospitalized patients and minority populations, with older adults having the highest rate of malnutrition compared to other groups; and

WHEREAS, illness, injury, and malnutrition can result in the loss of lean body mass, leading to complications that impact good patient health outcomes, including recovery from surgery, illness, and disease; and

WHEREAS, over 2 million hospital stays involve malnutrition per year, and each day, approximately 15,000 hospital patients with malnutrition go undiagnosed; and

WHEREAS, malnourished patients have two times longer hospital stays compared to patients with no malnutrition, and the 30-day readmission rate is 1.6 times higher than patients without malnutrition; and

WHEREAS, 20-30% of adults in the community are at risk or have malnutrition, and screening, assessment, diagnosis, and intervention are key to improving malnutrition in the United States, and it is important to increase awareness of malnutrition, in order to take steps to prevent and treat this in our communities;

NOW, THEREFORE, I, CHRISTOPHER T. SUNUNU, GOVERNOR of the State of New Hampshire, do hereby proclaim **SEPTEMBER 18-22, 2023** as **MALNUTRITION AWARENESS WEEK** in the State of New Hampshire, and call this day to the attention of all citizens.



IN TESTIMONY WHEREOF, I have hereunto set my hand and caused the Seal of the State of New Hampshire to be affixed this 16th day of August, 2023.

Christopher T. Sununu

Christopher T. Sununu
Governor