



State of Missouri
Governor's Proclamation

WHEREAS, experts agree that nutrition status is a direct measure of health, and that good nutrition can keep people healthy and out of health care institutions; and

WHEREAS, inadequate or unbalanced nutrition, known as malnutrition, is prevalent in many groups, including vulnerable populations such as hospitalized patients and minority populations, with older adults having the highest rate of malnutrition; and

WHEREAS, illness, injury, and malnutrition can result in the loss of lean body mass, leading to complications that impact good patient health outcomes, including recovery from surgery, illness, or disease; and

WHEREAS, malnourished patients have two times longer hospital stays compared to patients with no malnutrition; and

WHEREAS, the 30-day readmission rate is 1.6 times higher than patients without malnutrition and readmitted malnourished patients are twice as likely to be diagnosed with an infection; and

WHEREAS, malnutrition leads to more complications, falls, and readmissions, and plays a role in cognitive deterioration, decreased functional capacity, and affects quality of life.

NOW, THEREFORE, I, Michael L. Parson, GOVERNOR OF THE STATE OF MISSOURI, do hereby proclaim September 18 – 22, 2023, to be

MALNUTRITION AWARENESS WEEK

in Missouri.

IN TESTIMONY WHEREOF, I have hereunto set my hand and caused to be affixed the Great Seal of the State of Missouri, in the City of Jefferson, this 7th day of August, 2023.



Michael L. Parson
GOVERNOR

ATTEST:

SECRETARY OF STATE