



MALNUTRITION AWARENESS WEEK

SEPTEMBER 18, 2023

WHEREAS, experts agree that nutritional status is a direct measure of health, and that good nutrition can keep people healthy and out of health care institutions; and

WHEREAS, malnutrition is prevalent among old older adults, hospital patients, some marginalized groups, and other vulnerable populations; and



WHEREAS, malnutrition combined with illness and injury can result in the loss of lean body mass and complications that are harmful to patient health outcomes; and

WHEREAS, malnutrition is a factor in more than 2 million hospital stays each year and about 15,000 malnutrition cases go undiagnosed; and

WHEREAS, Malnutrition Awareness Week aims to educate patients, caregivers, healthcare professionals, government leaders, and community agencies about the negative impact of malnutrition on quality of life; and



WHEREAS, screening, assessment, diagnosis, and intervention are key to defeating malnutrition in the District of Columbia and beyond:

NOW, THEREFORE, I, THE MAYOR OF WASHINGTON, DC, do hereby proclaim September 18-22, 2023, as "MALNUTRITION AWARENESS WEEK" in Washington, DC.

