

The State of Washington



Proclamation

WHEREAS, inadequate or unbalanced nutrition, known as malnutrition, is prevalent in many groups, including vulnerable populations such as hospitalized patients and minority groups, with older adults having the highest rate of malnutrition compared to other age groups; and

WHEREAS, malnutrition can lead to complications, falls, and hospital readmissions, plays a role in cognitive deterioration and decreased functional capacity, and affects quality of life; and

WHEREAS, screening, assessment, diagnosis, and intervention are key to improving malnutrition in the United States; and

WHEREAS, experts agree that nutrition status is a direct measure of health and that good nutrition can keep people healthy and out of health care institutions; and

WHEREAS, nutrition is a human right and social determinant of health, and malnutrition has been exacerbated by the global COVID-19 pandemic, which has intensified disparities, inequities, and social isolation;

NOW, THEREFORE, I, Jay Inslee, Governor of the state of Washington, do hereby proclaim September 19-23, 2022, as

Malnutrition Awareness Week

in Washington, and I encourage all people in our state to join me in this special observance.

Signed this 15th day of August, 2022

Handwritten signature of Jay Inslee in blue ink.

Governor Jay Inslee

