



Proclamation

WHEREAS, experts agree that nutrition status is a direct measure of health, and that good nutrition can keep people healthy and out of health care institutions; and

WHEREAS, inadequate or unbalanced nutrition, known as malnutrition, is prevalent in many groups, including vulnerable populations such as hospitalized patients and minority populations,

WHEREAS, malnutrition can result in illness, injury and the loss of lean body mass, leading to complications that impact good patient health outcomes, including recovery from surgery, a weakened immune system, or disease; and

WHEREAS, nutrition is a key element of a person. Social Determinants of Health and malnutrition were exacerbated by the global COVID-19 health pandemic, which has intensified disparities, inequities, and social isolation and is further compounded by food insecurity; and

WHEREAS, disease-related malnutrition is a highly prevalent form of malnutrition; and

WHEREAS, millions of hospital stays involve malnutrition per year; and

WHEREAS, malnourished patients have longer hospital stays compared to patients with no malnutrition, and

WHEREAS, the 30-day readmission rate is 2.1 times higher than patients without malnutrition; and

WHEREAS, readmitted malnourished patients experience higher rates of infection; and

WHEREAS, malnourished patients higher hospital costs and higher rates of mortality; and

WHEREAS, over 38 million Americans have lived in a household that have experienced food insecurity; and

WHEREAS, malnutrition leads to more complications, falls, and readmissions, and plays a role in cognitive deterioration, decreased functional capacity and affects quality of life; and

WHEREAS, screening, assessment, diagnosis, and intervention are key to improving malnutrition in the United States

THEREFORE, I, Jared Polis, Governor of the State of Colorado, do hereby proclaim the time period between September 19 and September 23, 2022 as

MALNUTRITION AWARENESS WEEK

in the State of Colorado.

GIVEN under my hand and the Executive Seal of the State of Colorado, this nineteenth day of September 2022



A handwritten signature in blue ink that reads "Jared Polis".

Jared Polis
Governor