

The State of Maryland



Proclamation

From the Governor of the State of Maryland

MALNUTRITION AWARENESS WEEK OCTOBER 4 - 8, 2021

- WHEREAS,** *Experts agree that nutrition status is a direct measure of health, and that good nutrition can keep people healthy and out of health care institutions; and*
- WHEREAS,** *Inadequate or unbalanced nutrition, known as malnutrition, is prevalent in many groups, including vulnerable populations such as hospitalized patients and minority populations, with older adults having the highest rate of malnutrition compared to other groups; and*
- WHEREAS,** *Illness, injury, and malnutrition can result in the loss of lean body mass, leading to complications that impact good patient health outcomes, including recovery from surgery, illness, or disease; and*
- WHEREAS,** *Nutrition is a human right and Social Determinant of Health; and malnutrition is exacerbated by the global COVID-19 health pandemic, which has intensified disparities, inequities, and social isolation and is further compounded by food insecurity; and*
- WHEREAS,** *Twenty to thirty percent of adults are at risk or have malnutrition; and*
- WHEREAS,** *Malnutrition leads to more complications, falls, and readmission, and plays a role in cognitive deterioration, decreased functional capacity, and affects quality of life; and*
- WHEREAS,** *Maryland recognizes that screening, assessment, diagnosis, and intervention are key to improving malnutrition in the United States.*

NOW, THEREFORE, I, LAWRENCE J. HOGAN, JR., GOVERNOR OF THE STATE OF MARYLAND, do hereby proclaim OCTOBER 4 - 8, 2021 as MALNUTRITION AWARENESS WEEK in Maryland, and commend this observance to all Marylanders.



Given Under My Hand and the Great Seal of the State of Maryland,
this 4th day of October
Two Thousand and twenty-one

Lawrence J. Hogan, Jr.
Governor

Byrd H. Beyor
Lt. Governor

John C. Womack
Secretary of State