



THE STATE OF TEXAS

GOVERNOR

*To all to whom these presents shall come, Greetings:
Know ye that this official recognition is presented to all observing:*

Malnutrition Awareness Week

October 4-8, 2021

Malnutrition, a condition of inadequate or unbalanced nutrition, can lead to many health problems and an increased risk of chronic illness such as diabetes, kidney disease, cancer, and cardiovascular disease. It is common among hospitalized patients, those living in food-insecure households, older adults, and minority populations. It is important to remember that eating a balanced diet can help the body heal from injury as well as prevent serious diseases; good nutrition keeps people healthy.


In Texas, we know that it is not our challenges that define us, but rather how we rise above them. Thanks to the dedicated work of many organizations, including the Texas Health and Human Services Commission, a week in October is dedicated to raising awareness of this issue and providing resources that can help address this condition. This campaign provides various organizations with information on malnutrition as well as the tools and methods for diagnosing and supporting affected people. A collaborative effort among key stakeholders in the public and private sectors remains vital to increase awareness of, reduce, and prevent malnutrition.

At this time, I commend you on your efforts to raise awareness of malnutrition and support affected populations and patients. It is through education, planning and collaboration that we can minimize the impact of malnutrition and improve the health and quality of life for all Texans.

First Lady Cecilia Abbott joins me in wishing you the best.



In testimony whereof, I have signed my name and caused the Seal of the State of Texas to be affixed at the City of Austin, this the 13th day of September, 2021.



Greg Abbott
Governor of Texas