

The City of Boston



PROCLAMATION

- Whereas:** *The City of Boston invites Bostonians to observe Malnutrition Awareness Week™ and support actions to prevent, identify, educate, treat and report disease-related malnutrition; AND*
- Whereas:** *Experts agree that nutrition status is a direct measure of patient health and that good nutrition can keep people healthy and out of healthcare institutions, thus reducing healthcare costs which can be up to \$49 billion annually for hospital stays involving malnutrition; AND*
- Whereas:** *Inadequate or unbalanced nutrition, known as malnutrition, is particularly prevalent in vulnerable populations, such as hospitalized patients, older adults, and communities of color, and those populations statistically shoulder the highest incidences of the most severe chronic illnesses that are impacted by nutrition; AND*
- Whereas:** *Nutrition is a human right and social determinant of health and malnutrition is exacerbated by the global COVID-19 health pandemic that has intensified disparities, inequities, and social isolation and is further compounded by food insecurity; AND*
- Whereas:** *Illness, injury, and malnutrition can result in the loss of lean body mass, leading to complications that impact good patient health outcomes, including wound healing and recovery from surgery, illness, or diseases; AND*
- Whereas:** *Members of the Massachusetts Commission on Malnutrition Prevention Among Older Adults recognize that an important step toward identifying & treating malnutrition is raising awareness about it and thus join with The American Society for Parenteral and Enteral Nutrition (ASPEN), which was the first to establish a national Malnutrition Awareness Week™ in 2012; NOW*
- Therefore:** *I, Kim Janey, Mayor of the City of Boston, do hereby proclaim October 4th to 8th, 2021, to be:*

Older Adult Malnutrition Awareness Week™

in the City of Boston

I urge all my fellow Bostonians to join me in recognizing the week of October 4th to be Older Adult Malnutrition Awareness Week™ and to recognize the positive impact of nutrition services and programs for older adults.


KIM JANEY
MAYOR OF BOSTON

October 4th, 2021