

MALNOURISHED HOSPITALIZED PATIENTS

RACIAL, AGE, AND INCOME DISPARITIES

2.2 MILLION

hospital stays involved malnutrition



Malnourished Patients Have:

2X LONGER Hospital Stays



than patients with no malnutrition

2X HIGHER Hospital Costs

than the average cost of all hospital stays

3X HIGHER Inpatient Death Rate



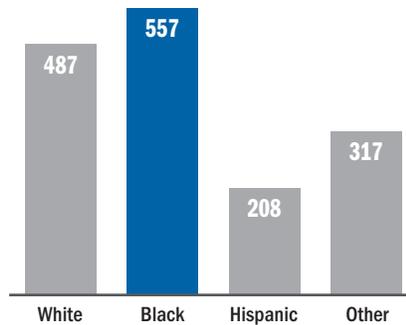
than the average death rates of all hospitalized patients

Barrett ML, Bailey MK, Owens PL. Non-maternal and Non-neonatal Inpatient Stays in the United States Involving Malnutrition, 2016. ONLINE. August 30, 2018. U.S. Agency for Healthcare Research and Quality. Available: www.hcup-us.ahrq.gov/reports.jsp. Data shared is on 2016 protein-calorie malnutrition inpatients.

Incidence of Malnutrition is Highest in Black, Elderly, and Poor Communities

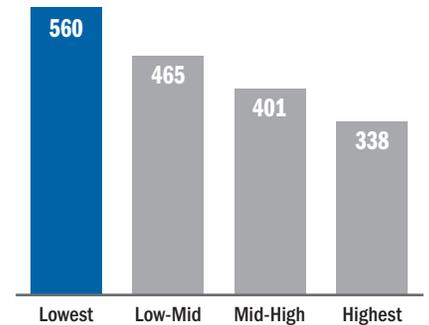
Inpatient Stays Per 100,000 Population

RACE



Black hospitalized patients have the highest rate of malnutrition.

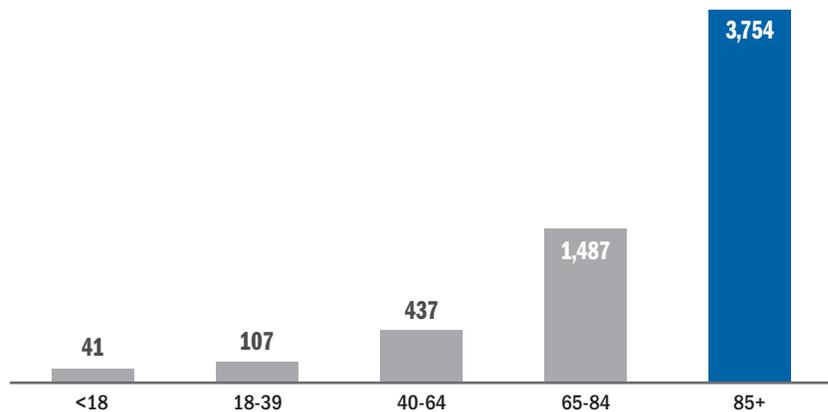
COMMUNITY-LEVEL INCOME*



The lower the income, the higher the malnutrition rate.

**Based on income of zip codes.*

AGE



Rate of malnutrition increases exponentially with age.

UNDERSTAND THE IMPACT OF MALNUTRITION
nutritioncare.org/malnutrition

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