

MALNUTRITION IN HOSPITALIZED PATIENTS

ASSOCIATED WITH HIGHER COSTS, LONGER STAYS & INCREASED MORTALITY

1.95 million
hospital stays involved malnutrition in 2013



Malnutrition is associated with:

Economic Burden

Hospital stays involving malnutrition accounted for



\$42 billion

Human Cost

Most malnutrition-related stays have a substantially higher proportion of in-hospital deaths



1.5x to 5x higher

than those unrelated to malnutrition

Longer Hospital Stays

Most hospital stays were

2x longer

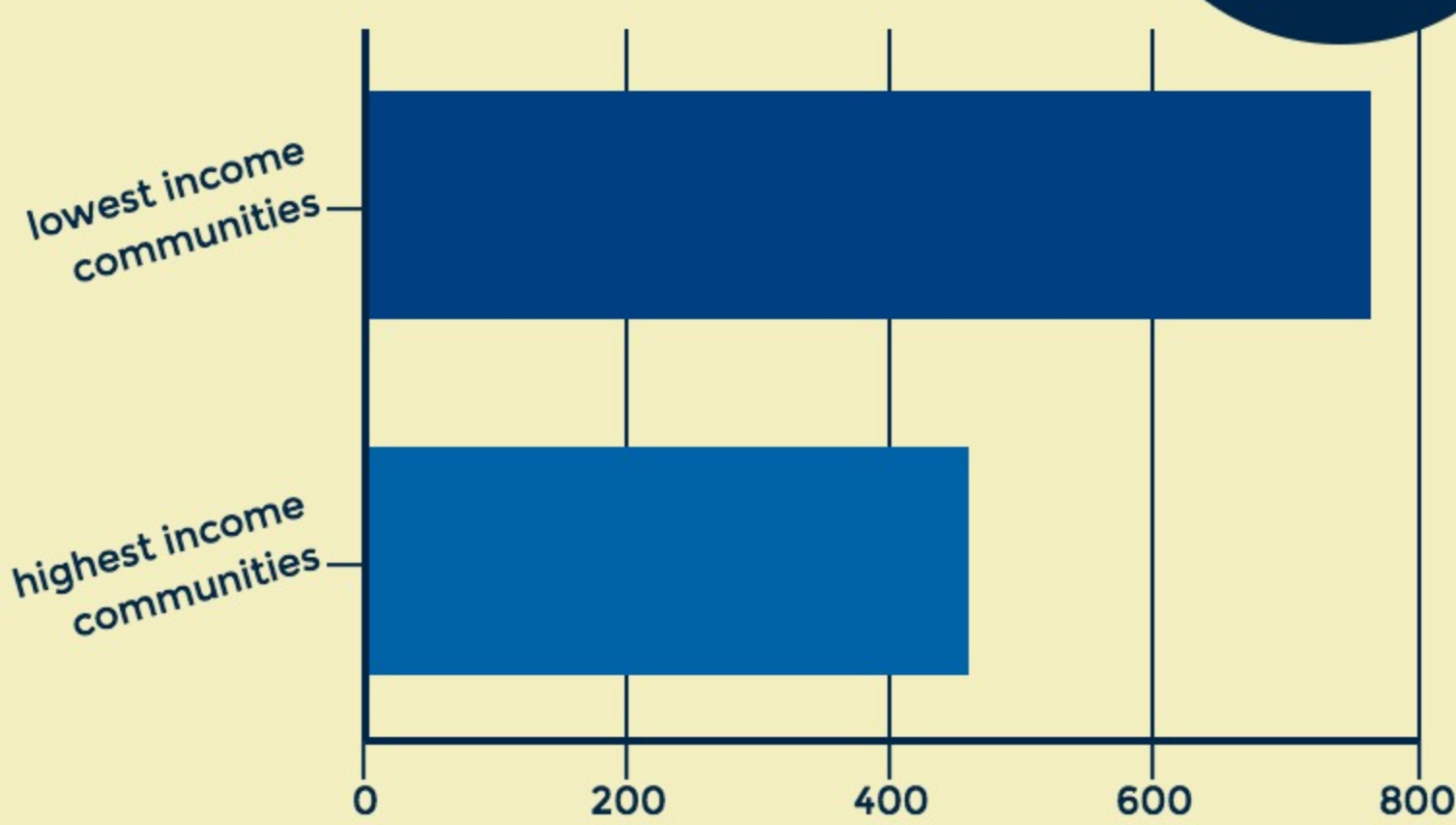


47%-71%

of patients with malnutrition did not have a routine discharge

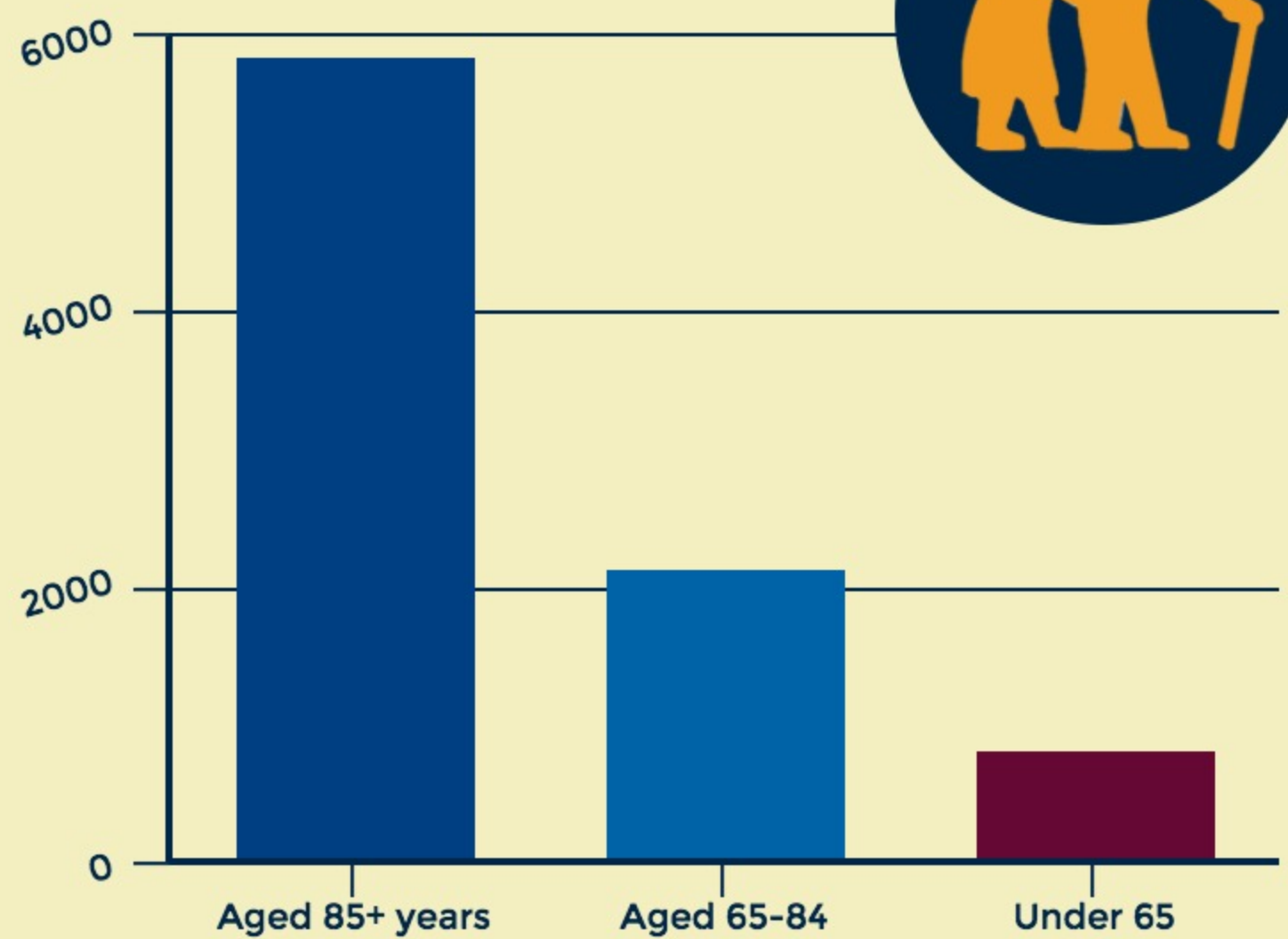
Rate of malnutrition is highest:

In lowest income communities



Malnutrition Related Hospital Stays per 100,000 Population

Older Adults



Malnutrition Related Hospital Stays per 100,000 Population

Understand the impact of malnutrition.
Learn more at: www.nutritioncare.org/malnutrition

