



# COVID-19 ABBOTT ENTERAL NUTRITION FORMULARY-ASPEN

For questions regarding Abbott's nutrition products and product availability, please contact your Abbott Representative or Customer Service at 1-800-551-5838.  
If ordering through a distributor, work directly with your distributor representative

Product Name	ORAL SUPPLEMENTS							TUBE-FEEDING SUPPLEMENTS														
	Ensure® Enlive®	Ensure® Clear	Ensure® Plus	Nepro® with CARBSTEADY®	Vital® High Protein	Promote®	Glucerna® Therapeutic Nutrition Shake	Glucerna® 1.2 Cal	Glucerna® 1.5 Cal	Vital® AF 1.2 Cal	Vital® 1.5 Cal	Vital® High Protein	Jevity® 1.2 Cal	Jevity® 1.5 Cal	Nepro® with CARBSTEADY®	Osmolite® 1.2 Cal	Osmolite® 1.5 Cal	Pivot® 1.5 Cal	Promote®	Perative®		
Nutrient Values Per	8 fl oz	8 fl oz	8 fl oz	8 fl oz	8 fl oz	8 fl oz	8 fl oz	1 L	1 L	1 L	1 L	1 L	1 L	1 L	1 L	1 L	1 L	1 L	1 L	1 L		
Cal/mL	1.5	1.01	1.5	1.8	1.0	1.0	0.93	1.2	1.5	1.2	1.5	1.0	1.2	1.5	1.8	1.2	1.5	1.5	1.0	1.3		
Calories	350	240	350	420	237	237	220	1200	1500	1200	1500	1000	1200	1500	1770	1200	1500	1500	1000	1300		
Total Fat (g) / Fat % Cal	11/28	0/0	11/28	23/48	5.5/20	6.2/23	9/35	60/45	75/45	53.9/39	57.1/33	23.2/20	39.3/28.2	49.8/28.6	96/48	39.3/29	49.1/29	51/30	26/23	37.3/25		
Fat Source	Canola oil, Corn oil	NA	Canola oil, Corn oil	High oleic safflower oil, Canola oil	MCTs, Marine oil, DATEM, Corn oil	Soy oil, MCTs, safflower oil	High oleic safflower oil, Canola oil	High oleic safflower oil, Canola oil	High oleic safflower oil, Canola oil	MCT/fish oil structured lipid, Marine oil, MCTs	Canola/MCT structured lipid, Canola oil, MCTs, DATEM	MCTs, Marine oil, DATEM, Corn oil	Canola oil, Corn oil, MCTs	Canola oil, Corn oil, MCTs	High oleic safflower oil, Canola oil	High oleic safflower and canola oils, MCTs	High oleic safflower and canola oils, MCTs	MCT/marine oil structured lipid, Soy and canola oils	Soy oil, MCTs, safflower oil	Canola oil, MCTs, Corn oil		
Total Carb (g) / Carb % Cal	44 (45 Choc.) / 49	52 / 87	51 (52 Choc.) / 57	38 / 34	26.7 / 45	30.8 / 52	26 / 47	114.5 / 35	133.1 / 33	110.6 / 36	187 / 49	111 / 45	169.4 / 53.3	215.7 / 54.4	160 / 34	157.5 / 52.5	203.6 / 54.3	172.4 / 45	130 / 52	180.3 / 54.5		
Carbohydrate Source	Corn syrup, Sugar, Dietary fiber	Sugar, Corn syrup solids	Corn maltodextrin, Sugar, Dietary fiber	Corn syrup solids, Sugar, Soluble corn fiber, Glycerin, Dietary fiber	Corn maltodextrin, Sugar	Corn maltodextrin, sugar	Insoluble corn fiber, Fructose, Glycerine, Dietary fiber	Corn maltodextrin (including Fibersol), Isomaltulose, Fructose, Sucromalt, Dietary fiber, Glycerin	Corn maltodextrin (including Fibersol), Isomaltulose, Fructose, Sucromalt, Dietary fiber, Glycerin	Corn maltodextrin, scFOS	Corn maltodextrin, Sugar, Dietary fiber	Corn maltodextrin, Sugar	Corn maltodextrin, Corn syrup solids, Dietary fiber	Corn maltodextrin, Corn syrup solids, Dietary fiber	Corn syrup solids, Sugar, Insoluble corn fiber, Glycerin, Dietary fiber	Corn maltodextrin	Corn maltodextrin	Corn syrup solids, Dietary fiber	Corn maltodextrin, sugar	Corn maltodextrin, Dietary fiber		
Protein (g) / Protein % Cal	20 / 23	8 / 13	13 / 15	19 / 18	20.7 / 35	14.8 / 25	10 / 18	60 / 20	82.5 / 22	75 / 25	67.5 / 18	87.3 / 35	55.5 / 18.5	63.8 / 17	81 / 18	55.5 / 18.5	62.7 / 16.7	93.8 / 25	62.5 / 25	66.7 / 20.5		
Protein Source	Milk protein concentrate, Sodium caseinate, Soy protein isolate, Whey protein concentrate	Whey protein isolate	Milk protein concentrate, Soy protein isolate, Nonfat milk	Calcium, magnesium, and sodium caseinates, Milk protein isolate	Whey protein hydrolysate, Hydrolyzed sodium caseinate	Sodium caseinate, soy protein isolate	Milk protein concentrate, Soy protein isolate	Sodium caseinate, Soy protein isolate, Milk protein concentrate	Sodium and calcium caseinates, Soy protein isolate	Whey protein hydrolysate, Hydrolyzed sodium caseinate	Whey protein hydrolysate, Hydrolyzed sodium caseinate	Whey protein hydrolysate, Hydrolyzed sodium caseinate	Sodium and calcium caseinates, Soy protein isolate	Sodium and calcium caseinates, Soy protein isolate	Calcium, magnesium, and sodium caseinates, Milk protein isolate	Sodium and calcium caseinates	Sodium and calcium caseinates, Soy protein isolate	Hydrolyzed sodium caseinate, Whey protein hydrolysate, L-arginine	Sodium caseinate, soy protein isolate	Hydrolyzed sodium caseinate, Whey protein hydrolysate, L-arginine		
Dietary Fiber (g)*	3	0	3	6	0	0	4	16.1	16.1	5.1	6	0	17	21	25	0	0	7.5	0	6.5		
scFOS® (g)	3	0	3	2	0	0	1	10	10	5.1	6	0	8	10	8.4	0	0	7.5	0	6.5		
Fiber Source	scFOS (Choc. also has cocoa powder)	NA	scFOS (Choc. also has cocoa powder)	scFOS, Soluble corn fiber, Cellulose gel	NA	NA	Soy fiber, scFOS, Insoluble corn fiber, (Choc. also has cocoa powder)	scFOS, Oat fiber, Fibersol, Soy fiber	scFOS, Oat fiber, Fibersol, Soy fiber	scFOS	scFOS	NA	scFOS, Soy fiber, Oat fiber	scFOS, Oat fiber, Soy fiber	scFOS, Insoluble corn fiber, Cellulose gel	NA	NA	scFOS	NA	scFOS		
Osmolality (mOsm/kg H <sub>2</sub> O)	820 (920 Choc.)	850	700	745	419	340	670 (650 Choc.)	720	875	459	671	419	450	525	745	360	525	660	340	460		
Omega-6:Omega-3 Ratio	NA	NA	4.5:1	5.2:1	0.3:1	9.8:1	13:1	4:1	5:1	0.9:1	13:1	2.1:1	4:1	0.3:1	5.5:1	6.3:1	5.2:1	5.0:1	4.5:1	1.7:1	9.8:1	4.8:1
Sodium (mg)	260	70	220	250	330	240	210	1110	1380	1266	1139	1400	1067	1330	1050	1067	1330	1475	1000	1040		
Potassium (mg)	560 (590 Choc.)	NL	470	225	332	470	380	2020	2520	1645	2194	1400	2390	2180	949	2274	2180	1983	1980	1735		
Phosphorus (mg)	375	188	190	170	198	285	250	800	1000	1004	1251	835	1200	1250	717	1200	1250	969	1200	870		
Calcium (mg)	500	NL	330	250	206	285	260	800	1000	1046	1300	869	1200	1300	1050	1200	1300	1013	1200	870		
Magnesium (mg)	84	NL	85	40	67	95	105	320	400	337	422	281	370	420	169	370	420	421	400	350		
Iron (mg)	4.5	2.7	4.5	3.3	3	4.3	4.5	15	18	15.2	18.5	12.7	14.4	18	14	14.4	18	23.6	18	16		
Vitamin D (mcg)	12	4	8	3.8	5.0	95 (IU)	10	345 (IU)	430 (IU)	25.8	21.1	21.1	16	20	16	16	20	27.8	400 (IU)	350 (IU)		
Vitamin C (mg)	63	27	45	23	82	82	90	260	325	181	169	344	250	300	95	300	200	304	345	260		
Indications For Use	All-in-one: muscle, heart, bone, immune, digestion; not for sole-source nutrition	Clear-liquid, pre- and post-op, bowel-prep, fat-malabsorptive, and fat-restricted diets; not for sole-source nutrition	To help patients gain or maintain healthy weight; beneficial for patients at nutritional risk or experiencing involuntary weight loss; fluid-restricted or volume-limited patients; interim sole-source nutrition	Can be sole source; designed for people on dialysis	Can be sole source; peptide-based therapeutic nutrition to help manage inflammation and symptoms of GI intolerance in patients requiring a low-fat, high-protein diet	Can be sole source; low caloric needs and those at risk for protein-energy malnutrition or pressure ulcers	For people with diabetes; not for sole-source nutrition	Can be sole source; diabetes or hyperglycemia due to metabolic stress	Can be sole source; diabetes or abnormal glucose tolerance from metabolic stress	Can be sole source; peptide-based advanced formula with ingredients to help manage inflammation and promote GI tolerance	Can be sole source; calorically dense, peptide-based formula for patients experiencing malabsorption, maldigestion, or impaired GI function and/or symptoms of GI intolerance	Can be sole source; peptide-based therapeutic nutrition to help manage inflammation and symptoms of GI intolerance in patients requiring a low-fat, high-protein diet	Can be sole source; long- or short-term tube feeding	Can be sole source; long- or short-term tube feeding; volume restriction	Can be sole source; designed for people on dialysis	Can be sole source; increased protein and calorie needs; long- or short-term tube feeding	Can be sole source; increased calorie and protein needs or limited volume tolerance; long- or short-term tube feeding	Can be sole source; peptide-based, high-protein formula for metabolic stress, immune support	Can be sole source; low caloric needs and those at risk for protein-energy malnutrition or pressure ulcers	Can be sole source; metabolic stress, pressure ulcers, multiple fractures, wound healing, immune support, burns, surgery		
Availability	8 fl oz Bottle	8 fl oz ARC	8 fl oz Bottle 8 fl oz ARC 1QT Bottle (Vanilla)	8 fl oz ARC 1L RTH	8 fl oz ARC 1L RTH	8 fl oz ARC 1L RTH	8 fl oz ARC	8 fl oz ARC 1L RTH 1.5L RTH	8 fl oz ARC 1L RTH	8 fl oz ARC 1L RTH	8 fl oz ARC 1L RTH	8 fl oz ARC 1L RTH	8 fl oz ARC 1L RTH 1.5L RTH	8 fl oz ARC 1L RTH 1.5L RTH	8 fl oz ARC 1L RTH	8 fl oz ARC 1L RTH 1.5L RTH	8 fl oz ARC 1L RTH	8 fl oz ARC 1L RTH	8 fl oz ARC 1L RTH	8 fl oz ARC 1L RTH 1.5L RTH		
Alternative Products	Ensure® Enlive® alternative flavors or Ensure® Plus	Ensure® Clear Mixed Berry, Apple	Ensure® Plus alternative flavors or packaging format or Ensure® Enlive®	Nepro® with CARBSTEADY® alternative flavors or packaging format	Vital® 1.5 Cal ARC or Vital® Peptide 1.5 Cal <sup>†</sup>	Ensure® Plus (contains fiber) or Ensure® Enlive® (contains fiber) <sup>‡</sup>	Glucerna® Therapeutic Nutrition Shake alternative flavors or packaging format	Glucerna® 1.2 Cal 1.5L RTH or ARC	Glucerna® 1.5 Cal ARC	Vital® 1.5 Cal ARC (No fish Oil) or Vital® Peptide 1.5 Cal <sup>†</sup> (No Fish Oil)	Vital® 1.5 Cal ARC	Vital® 1.5 Cal ARC or Vital® Peptide 1.5 Cal <sup>†</sup>	Jevity® 1.2 Cal ARC or 1.5 L	Jevity® 1.5 Cal 1.5L RTH or ARC or Jevity® 1.2 Cal 1.5L RTH or ARC	Nepro® with CARBSTEADY® ARC	Osmolite® 1.2 Cal RTH 1.5L or ARC	Osmolite® 1.2 Cal RTH 1.5L	Perative® 1L RTH or Vital® Peptide 1.5 Cal <sup>†</sup> ARC	Osmolite® 1.2 Cal or Vital® High Protein (peptide based formula) <sup>‡</sup>	Pivot® 1.5 Cal <sup>‡</sup>		

NA = Not Applicable.

\*Fiber values include the amount contributed by scFOS.

<sup>†</sup>Vital Peptide is a pediatric product that may be used as an alternative. The volume of feed will need to be adjusted to meet the macro and micro-nutrient needs of the older patient (approx. 1200 ML).

<sup>‡</sup>The use of tube feeding products must be determined by the healthcare professional. When patients need to change to a new formula, please work with that patient's healthcare professional to determine the best alternative product and transition plan.

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