2024 33rd Annual Fall Nutrition Symposium

Sponsors: Bon Secours Mercy Health (BSMH) Lorain & Youngstown Market Clinical Nutrition Committee and the Ohio Society of Enteral and Parenteral Nutrition (OSPEN), a Chapter of the American Society for Parenteral and Enteral Nutrition (ASPEN)

Date and Time: Thursday, October 24, 2024, 8:00 am to 12:00 pm ET

Location:
Finnegan Auditorium
St. Elizabeth Youngstown Hospital
1044 Belmont Ave
Youngstown, OH, 44504
(Virtual Attendance also available)

Program:
- 7:00 am – 8:00 am – Registration & Continental Breakfast
- 7:00 am – 7:40 am – Exhibits
- 8:00 am – 8:15 am – Welcome and Opening Remarks – Vincent Vanek, MD, FACS, FASPEN
- 8:15 am – 9:15 am – Elevating the Role of the Clinical RDN: Implementing a Dietitian Led Small Bore Feeding Tube Team
  Allison Krall, RD, Ohio State University (OSU), Columbus, OH & Cassie Fackler, RD, OSU, Columbus, OH
  Learning Objectives:
  1. Describe the process used for starting a dietitian-led small bore feeding tube team at the Ohio State University Wexner Medical Center
  2. Identifying and overcoming challenges with starting a dietitian-led feeding tube placement team
  3. Illustrate how the roles and responsibilities of the RD on a feeding tube team differ from that of the traditional clinical dietitian
- 9:15 am – 10:15 am – What’s New in the Care of Central Venous Catheters? – Kristi Griggs, Clinical Outcomes Leader and Nurse Educator, OPTUM Specialty Infusion Pharmacy, Murphy, NC
  Learning Objectives:
  1. Identify factors that can influence a person’s ability to receive and care for their Central Vascular Access Device (CVAD)
  2. Discuss various CVAD complications and updated best practice strategies for prevention
  3. Outline current evidenced-based treatment recommendations for CVAD complications
- 10:15 am – 10:45 am BREAK
- 10:45 am – 11:45 am – Short and Long Term Impacts of GLP-1 Medications on Weight Management and Body Composition – Benjamin O’Donnell, MD, OSU, Columbus, OH
  Learning Objectives:
  1. List commercially available GLP-1 medications
  2. Describe the physiologic effects of GLP-1 medications and how it affects body composition
  3. Discuss how GLP-1 medications are best used as adjuncts to lifestyle change to achieve a healthier weight.
- 11:45 am to 12:00 pm – Closing Remarks – Vincent Vanek, MD, FACS, FASPEN

Registration & Registration Fee: see registration fees below. Click on the hyperlink to register and submit the registration fee
  o In Person (https://www.nutritioncare.org/OSPENReg)
    BSMH Employee* or OSPEN Member – $30
    All Others – $40
    Student – $10
  o Virtual Attendance – $10 (https://www.nutritioncare.org/OSPENVirtual)

* BSMH Employees – please email vince_vanek@mercy.com for your Discount Code before going to the above registration link to register

Continuing Education for Dietitians will be available

For More Information: email OSPEN at OSPENChapter@gmail.com