

8401 Colesville Rd • Suite 510 • Silver Spring MD 20910 • 301-587-6315 [www.nutritioncare.org](http://www.nutritioncare.org)

**EDUCATIONAL INFORMATION**

Clinical Nutrition: Practice Pearls for the Physician  
March 22, 2019 7:45 am – 4:00 pm

**Course Practice Gap and Goal Target Audience:**

The inadequacy of medical nutrition education has been studied for at least that last 2 decades and despite numerous efforts to improve nutrition education for physicians, most graduating medical students continue to rate their nutrition preparation as inadequate. This course will attempt to address this gap in nutrition education in medical training.

**Course Objectives:**

1. Discuss how nutrition in the ICU patient may impact outcomes.
2. Discuss the role of nutrition and lifestyle in the management of obesity across all treatment options.
3. Identify key challenges in the management of long-term enteral and parenteral nutrition patients, and the physician’s role and responsibility.

**Target Audience:**

Medical students, residents, fellows and practicing physicians who are not currently nutrition experts. Course is open to other medical professionals such as dietitians, pharmacists, and nurses. This program is designed at the intermediate learning level.

**Successful Completion:** ASPEN provides continuing education credit to physicians who attend **in full** each session claimed for credit and complete the program evaluation.

**Physicians**



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INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, this activity has been planned and implemented by the American Society for Parenteral and Enteral Nutrition (ASPEN) and Mayo Clinic. ASPEN is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

ASPEN designates this live activity for a maximum of 6.0 *AMA PRA Category 1 Credits™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

This activity is for a maximum of **6.0** contact hours.

**Policies:**

Any grievances should be addressed in writing to:  
Director of Education and Research • ASPEN • 8401 Colesville Rd • Suite 510 • Silver Spring, MD 20910.

**Commercialism:** ASPEN subscribes to the ACCME Standards for Commercial Support. ASPEN does not provide programs that constitute advertisement or include promotional content. ASPEN does not endorse any products.

Commercial Support and Sponsorship: This program is supported by Abbott Nutrition and Nestle Health Science.

**Faculty and Planner Commercial Relationship Disclosures and Conflicts of Interest (COI):**

Name	Disclosures Relevant to Topic	COI	Resolved?
Stephen McClave	Education consultant for Nestle, Abbott, Fresenius, and Nutricia – received honoraria. Advisory Board Member for Cardinal Health (Covidien) and Lyrica – received honoraria	Potential	Alter topics so the focus is not on a product or service of the commercial interest with whom I have a relationship.
Daniel Johnson	None	N/A	N/A
Renee Stapleton	None	N/A	N/A

<b>Name</b>	<b>Disclosures Relevant to Topic</b>	<b>COI</b>	<b>Resolved?</b>
Robert Martindale	Neslte – consultant, educator for nutrition fellowship; abbott – consultant; Metagenics – consultant, advisory board; Wholistic Matters – advisory board. Received honoraria or consulting fee	No	Ensure presentation is evidence-based and not present any products/services of entity.
Jayshil Patel	None	N/A	N/A
Constantine Karvellas	None	N/A	N/A
Jeffrey Mechanick	None	N/A	N/A
Lori Roust	None	N/A	N/A
Christopher Still	Novo Nordisk – speaker and received honoraria KVK Tech – consultant and received honoraria	Potential	Ensure presentation is evidence-based and not present any products/services of entity.
Manpreet Mundi	PI for Fresenius Kabi and received research grant PI for Nestle and received research grant	N/A	Ensure presentation is evidence-based and not present any products/services of entity.
Melina Jampolis	Consulting for Spicefit and Omax3 – received honoraria; advisory board for POM received honoraria.	No	Ensure presentation is evidence-based and not present any products/services of entity.
Stanislaw Klek	BBraun, Baxter, Fresenius Kabi, Nutricia, Shire – lecturer and received speaker's honoraria BBraun, Baxter, Fresenius Kabi, Nestle, Nutricia Shire – member of advisory board and received consultant fees	N/A	Ensure presentation is evidence-based and not present any products/services of entity.
Kevin Ruff	None	N/A	N/A
John DiBaise	Zealand Pharmaceuticals – educational advisory board and did research Coram/CVS – HPEN Advisory Board	Potential	Alter topics so the focus is not on a product or service of the commercial interest with whom I have a relationship.
Ryan Hurt	Nestle Nutrition – consultant and received consulting fees	Potential	Alter topics so the focus is not on a product or service of the commercial interest with whom I have a relationship.
Tonia Young-Fadok	None	N/A	N/A
William Berger	None	N/A	N/A

**\*Possible discussion of off-label use of products**