Key Messages:

- The clinical nutrition build, content, and workflows are different in each healthcare system’s electronic health record (EHR) system even if they use the same EHR vendor!
- Identify and communicate with your local or corporate clinical informatics team to incorporate nutrition specific EHR optimizations that improve quality and safety of nutrition care in your organization, support from that team is required but may be variable
- Nutrition care professionals who are knowledgeable about data structure and software build are in a better place to request specific items to optimize nutrition care workflows
- Clinical information should be documented in a discrete format rather than a free text format whenever possible because discrete data makes it possible to auto generate reports for QI, research, etc. and allows for building Clinical Decision Support!
- Ordering of nutrition therapy in the EHR, especially parenteral nutrition, needs to be built in such a manner to eliminate or minimize manual transcription of the orders!
- The EHR should facilitate malnutrition screening upon hospital admission and for patients with a positive malnutrition screen a mechanism to implement nutrition assessment and nutrition therapy within 48 hours!
- Documentation of nutrition therapy intake needs to be improved and the EHR in conjunction with new smart device can help!

Publications:


Resources:

ASPEN Website: Clinical Nutrition Informatics Resources
Includes Nutrition Support and the EHR Webinar Recorded on January 23, 2019, 4:00 PM - 5:00 PM