

# SUPPORT RESEARCH THAT DRIVES INNOVATION

Named in honor of Dr. Jonathan Rhoads for his pivotal role in nutrition support therapy, the ASPEN Rhoads Research Foundation was established in 1994 to support the personal and professional development of nutrition researchers throughout their careers.



Jonathan E. Rhoads, MD

Malnutrition remains a common healthcare issue despite significant advances in medical research and improvements in healthcare delivery systems. At the same time, funding has failed to meet the need for nutrition science. Whether you are a physician, nurse, dietitian, pharmacist, clinician, or researcher, this research is vital for your work and for the care of thousands of patients.

## TODAY'S RESEARCH AGENDA – BENCH, CLINICAL, AND TRANSLATIONAL

The ASPEN Rhoads Research Foundation awards grants for both basic science-oriented investigations aimed at improving our understanding of the science of nutrient regulation in different disease states, as well as clinical and translational research to determine how the practice of nutrition can be refined and individualized to optimize clinical outcomes. ASPEN's research priorities focus on the following:

- Malnutrition Assessment, Diagnosis, and Intervention in the Context of Nutrition Support Therapy
- Diagnostics and Techniques in Nutrition Support
- Clinical Trials and Outcomes Research
- Translational Research
- Safety

“A large percentage of serious diseases are caused by nutrition – obesity, diabetes, heart disease to name a few. The ASPEN Rhoads Research Foundation can make an enormous impact on the future of these illnesses and how they are treated.” *Peter Nichol, MD, PhD*

Give online at [www.nutritioncare.org/foundation](http://www.nutritioncare.org/foundation)

Our research improves the lives of thousands of patients each year and supports the work of numerous disciplines including physicians, nurses, dietitians, pharmacists, clinicians, and researchers.

### The ASPEN Rhoads Research Foundation:

Awarded more than **\$1.6 million in grant funding** to investigators for promising new research in nutrition and metabolic support.

Published more than **115 peer-reviewed scientific journal articles** based upon the recipients' initial work.

Provided grants to **more than 93 investigators**, clinicians, trainees, and graduate students.

“With more grants and more grant funding we will be able to better address the crisis we currently face in academic nutrition research.” *Paul Wischmeyer, MD*

### Thank You – The ASPEN Rhoads Research Foundation Campaign Leadership

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Donate online or mail your gift with the attached form to the ASPEN Rhoads Research Foundation.



ASPEN Rhoads Research Foundation  
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## INSPIRING THE NEXT GENERATION OF INVESTIGATORS TO DRIVE THE THERAPIES OF TOMORROW



Your support funds innovative and creative scientific research driving discovery in nutrition therapy, metabolic support, and other related clinical nutrition topics because malnutrition remains a common healthcare issue.



The ASPEN Rhoads Research Foundation has supported nutritional investigators since 1994 and with your help is poised for continued growth, discovery, and inspiration.

# YOUR GIFT . . .

## ...Launches careers in nutrition research

“My affiliation with the ASPEN Rhoads Research Foundation has allowed me to reach the major professional goals I set for myself much faster than I could have imagined.” *Allison Blackmer, PharmD, BCPS*

“The ASPEN Rhoads Research Foundation gives investigators the opportunity to begin to generate valuable data that wouldn’t otherwise be funded due to limited federal or foundation funding in support of nutrition research.”

*Joseph Boullata, PharmD, RPH, BCNSP, FASPEN*

Mary McCarthy, PhD, RN, CNSC, FAAN, helped craft the Critical Care Guidelines for ASPEN and takes a special interest in educating nurses. Mary notes, “Nurses are on the front line. With their experience, nurse scientists can advance the nutrition agenda.”

“For me to make the jump from junior researcher to NIH grant recipient, I needed the ASPEN Rhoads Research Foundation grant to help establish myself.” *Paul Wischmeyer, MD*

## ...Allows people to participate in life again

Patient advocate Michael Medwar was able to wean off of TPN protocol under the dietitian guidance of the Nutrition Restart Program. Michael credits the work of the ASPEN Rhoads Research Foundation grants with a better quality of life.



## ...Gives parents more time to spend on hugs and kisses

As a member of the team who received an ASPEN Rhoads Research Foundation grant to study bacterial growth and handling techniques for enteral feeding bags, nurse Beth Lyman, RN, MSN, CNSC, and her group now use a simpler protocol for safe delivery of nutrition by feeding tube to their youngest patients – giving parents more time to simply care and be present for their children at home.



## ... Matters.

“We need funding such as that offered by the ASPEN Rhoads Research Foundation to ensure our focus area of medicine continues to grow and thrive. We owe it to the many who are still struggling to manage their daily nutritional needs.”

*Kelly A. Tappenden, PhD, RD, FASPEN*

**Your gift ensures that nutrition science continues to move in the direction of healthier, better nourished patients.**

Give online at [www.nutritioncare.org/foundation](http://www.nutritioncare.org/foundation)



INSPIRING THE NEXT GENERATION  
OF INVESTIGATORS  
TO DRIVE THE THERAPIES OF TOMORROW

# PLEDGE FORM

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