

# Wisconsin Society for Parenteral and Enteral Nutrition's 37<sup>th</sup> Annual Fall Symposium

September 24, 2019

8:00am-4:30pm

Aurora Health Center - Summit

36500 Aurora Drive

Summit, WI 53066



*wispen*

WISCONSIN SOCIETY FOR PARENTERAL  
AND ENTERAL NUTRITION

A Chapter of the American Society for Parenteral and Enteral Nutrition

# Audience

WiSPEN is pleased to host its 37<sup>th</sup> Annual Symposium to a multidisciplinary audience of dietitians, pharmacists, physicians, nurses and students.

# Speakers

**Mike Nyffeler, PharmD**

*Staff Pharmacist  
Clinical Specialist in Pain  
Management and Nutrition  
Support  
Meriter Hospital  
Madison, WI*

**Jo Weis, PhD**

*Associate Professor  
Department of Psychiatry and  
Behavioral Medicine  
Medical College of Wisconsin  
Milwaukee, WI*

**Jonathan Gully, MD**

*Associate Professor  
Department Medicine  
Medical College of Wisconsin  
Milwaukee, WI*

**David Shen, MD**

*Instructor  
Division of Gastroenterology  
University of Pennsylvania  
Philadelphia, PA*

**Jayshil Patel, MD**

*Associate Professor  
Division of Pulmonary and Critical  
Care Medicine  
Froedtert and the Medical College  
of Wisconsin  
Milwaukee WI*

**Daniel A. Sturgill, MD**

*Assistant Professor  
Medical College of Wisconsin  
Department of Medicine,  
Division of Nephrology  
Milwaukee, WI*

**Register online and pay by credit card**

[www.nutritioncare.org/wispen2019](http://www.nutritioncare.org/wispen2019)

# Program Agenda

## September 24, 2019

8:00 – 8:25 am	<b>Registration and Display Visitation</b>
8:25 – 8:30 am	<b>Welcome</b> WiSPEN President-Lynn Koepke, RD, CD, CNSC
8:30 – 9:30 am	<b>Drug Nutrient Interactions and Do's and Don'ts using PEG and JPEG</b> Mike Nyffeler, PharmD ACPE #: 0499-9999-19-015-L01-P (0.1 CEU)
9:30 – 10:30 am	<b>Nutritional Challenges at the End of Life</b> Jo Weis, PhD, and Jonnathan Gully, MD ACPE #: 0499-9999-19-016-L01-P (0.1 CEU)
10:30 – 11:00 am	<b>Displays</b>
11:00 a.m. – Noon	<b>The Role of Nutrition in Modifying the Microbiome</b> David Shen, MD ACPE #: 0499-9999-19-017-L01-P (0.1 CEU)
Noon – 1:15 pm	<b>Lunch and WiSPEN Business Meeting</b>
1:15 – 2:15 pm	<b>Does Clinical Equipoise Exist for Protein Dose in Critical Illness?</b> Jayshil Patel, MD ACPE #: 0499-9999-19-018-L01-P (0.1 CEU)
2:15 – 2:30 pm	<b>Break</b>
2:30 – 3:30 pm	<b>Nutrition Support in Acute and Chronic Kidney Injury</b> Daniel A. Sturgill, MD ACPE #:0499-9999-19-019-L01-P (0.1 CEU)
3:30 – 4:30 pm	<b>Breakout Sessions (0.1 CEU)</b>

# Breakout Sessions

## **Nutritional Interventions for Acute Kidney Disease and Dialysis**

Daniel A. Sturgill, MD

Assistant Professor Medical College of Wisconsin

Department of Medicine, Division of Nephrology

Milwaukee, WI

ACPE #: 0499-9999-19-020-L01-P (0.1 CEU)

## **Low FODMAP Diet**

Amanda Motl, RD, CD, CDE

Registered Dietitian Outpatient and Inpatient,

Aurora Medical Center,

Summit, WI

ACPE #: 0499-9999-19-021-L01-P (0.1 CEU)

# Objectives

Our educational objectives are to discuss the most recent research in the field of nutrition support. All our topics are knowledge-based with the following objectives:

## **Drug Nutrient Interactions and Do's and Don'ts using PEG and JPEG**

- Review definitions that describe the various types of drug-nutrient interactions.
- Describe selected drug-nutrient interactions and enteral feedings.
- Discuss potential treatment options to address drug-nutrient interactions.

## **Nutritional Challenges at the End of Life**

- Discuss the psychological and societal tension of anorexia at end-of-life, and the subsequent implications for patient care.
- Identify the elements of the syndrome of imminent death.
- Address caregiver and family concerns about the changes they observe in the eating habits of their loved one.
- Critique arguments supporting benefits and burdens of artificial hydration and nutrition in the dying patient.

# Objectives

## The Role of Nutrition in Modifying the Microbiome

- Discuss current concepts in diet-related gut microbiome changes.
- Recognize key metabolites from diet-gut microbiota interactions and relevance to health and disease.
- Discuss the efficacy of dietary interventions for the treatment of inflammatory bowel diseases and their impact on the gut microbiome.

## Does Clinical Equipoise Exist for Protein Dose in Critical Illness?

- Determine why protein dose remains such an important question to answer.
- Identify the 'current state' of prescribed and received protein during critical illness.
- Outline barriers to achieving prescribed protein during critical illness.
- Identify and appraise current evidence favoring *lower* protein dose during critical illness as well as current evidence favoring *higher* protein dose during critical illness.
- Describe clinical equipoise and the need for a stronger evidentiary base.
- Discuss the role of exercise and protein supplementation in optimizing post critical care physical function outcomes.

## Nutrition Support in Acute and Chronic Kidney Injury

- Review current guidelines of nutrition support in acute kidney injury
- Review current guidelines of nutrition support in chronic kidney disease
- Discuss cutting edge research in nutrition and renal disease.

## Nutritional Interventions for Acute Kidney Disease and Dialysis

- Review the evidence of protein intake through stage of CKD.
- Discuss whether potassium restriction matters in patient with more advanced CKD
- Discuss the nephrology challenges of TPN in anuric and polyuric patient
- Review the challenges CKD patients face with phosphorus and sodium intake.

## Low FODMAP Diet

- Review what FODMAPs are and the various subtypes.
- Briefly explain how FODMAP's contributes to GI symptoms.
- Identify patients which would benefit from a low FODMAP diet.
- Describe the 3 phases of a low FODMAP diet.

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# Registration fees

Dietitians and RNs	WiSPEN member	Non-member
Early (7/1-7/26)	\$120	\$165
Regular (7/27-8/23)	\$125	\$170
Late (8/24-9/17)	\$135	\$180
RPh/Licensed Independent Practitioner/Industry	WiSPEN member	Non-member
Early (7/1- 7/26)	\$145	\$190
Regular (7/27-8/23)	\$150	\$195
Late (8/24-9/17)	\$160	\$205
Full Time Students Undergraduate/Interns *	WiSPEN member	Non-member
Early (7/1- 7/26)*	\$40	\$40
Regular (7/27-8/23)*	\$45	\$45
Late (8/24-9/17)*	\$50	\$50
*Requires confirmation of student status from an instructor or program director emailed to <a href="mailto:mywispen@gmail.com">mywispen@gmail.com</a> .		

- Registration fee includes: light breakfast, lunch, seminar and online access to presentations. **No printed booklet.**
- The additional fee for pharmacists is being imposed to partially cover the additional costs of obtaining pharmacy CEUs.
- No PO Box addresses accepted. No walk-ins will be allowed and no online registrations will be accepted after September 17, 2019.
- All requests for refunds, less a \$25 administrative fee, will be honored if received prior to September 17, 2019. No refunds will be provided after September 17, 2019.

# On-Line Registration

Register online at [www.nutritioncare.org/WISPEN2019](http://www.nutritioncare.org/WISPEN2019)

Registrations will not be accepted by mail.

If there are any special diet or handicap needs, please email [mywispen@gmail.com](mailto:mywispen@gmail.com) by September 17, 2019 (no special dietary requests will be taken after this date).

If you have any questions, please email [mywispen@gmail.com](mailto:mywispen@gmail.com)

Registrants will have only online access to presentations,  
**no printed booklet.**

**Photography waiver:** *I understand that WISPEN and ASPEN may, at its option, make photographs, videos or recordings of WISPEN events, which may include my likeness or participation, and reproduce them in WISPEN and ASPEN educational, news or promotional material, whether in print, electronic or other media, including the WISPEN and ASPEN Web sites and WISPEN and ASPEN managed social media sites. By participating in the WISPEN symposium, I hereby grant WISPEN and ASPEN permission to make, use and distribute such items, and I waive any rights to seek payment or compensation.*

# Continuing Education

- Dietitians-Prior approval for 7 hours of Continuing Professional Education Credits (CPEUs) has been submitted to the Commission of Dietetic Registration
- Pharmacists-Southeastern Continuing Medical Education Consultants, LLC is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education (CPE). This educational program offers a total of 6 contact hours (0.6 CEUs). Program participants who complete the onsite learning assessment and evaluation will receive 6 live CPE contact hours documented in their individual NABP e-profiles within four to six weeks of the program date.



## Conference Location

### **Aurora Health Center – Summit**

36500 Aurora Drive  
Summit, WI 53066

Enter from the Hospital Entrance and proceed to the Draper Room in the Conference Center.

Registration and exhibits will be outside the Draper Room.



# Hotel Information

Hilton Garden Inn-Oconomowoc  
1443 Pabst Farms Circle  
Oconomowoc, WI 53066  
262.200.2222

A block of rooms have been reserved starting at \$127/night.  
Rooms will be available until either August 23, 2019 or the block of reserved rooms is depleted.

## Reservations

By Phone:

262.200.2222 and request the WISPEN group rate.

On-line:

[Hilton Garden Inn Oconomowoc - WiSPEN Block](#)

Directions: I-94, Exit 282 (Dousman/Oconomowoc), North onto WI-67, Right onto Pabst Farms Blvd, Left onto Pabst Farms Circle

# Vendors

WiSPEN. acknowledges the following vendors for supporting the 37th Annual 2019 Fall Symposium:

