Friday, October 20th

11:00 AM – 12:00 PM  Registration (lunch on your own)

12:00 PM- 1:00 PM  The Malabsorption Workup
Carol Rees Parrish, MS, RDN - GI Nutrition Support Specialist, Charlottesville, VA
Objectives:
1. Differentiate between the different types of malabsorption.
2. List tests currently used to diagnose malabsorption.
3. Develop nutrition care plans for the most common types of malabsorption syndromes.
UAN:  JA0002345-9999-23-149-L04-P

1:00 PM – 2:00 PM  Blenderized Tube Feeding Use for Chemotherapy-Induced Intestinal Mucositis in Head and Neck Cancer
Whitney Christie, MS, RD, CSO, CNSC - Oncology Dietitian at Mary Washington Hospital's Regional Cancer Center, Fredericksburg, VA
Objectives:
1. Discuss the treatment course of head and neck cancer patients and the nutrition challenges associated with this treatment.
2. Define chemotherapy-induced intestinal mucositis and challenges associated with this condition.
3. Explore blenderized tube feeding use as a way of managing chemotherapy-induced intestinal mucositis in head and neck cancer patients.
UAN:  JA0002345-9999-23-150-L01-P

2:00 PM – 2:30 PM  Break

2:30 PM – 3:30 PM  Utilizing Nutrition Support in Chronic Liver Disease
Margaret Drazba, MS, RD, CNSC - Clinical Nutrition Manager, Aramark, Lemuel Shattuck Hospital, Jamaica Plain, MA
Objectives:
1. Describe the role of oral nutrition supplements across the spectrum of liver disease, from NAFLD to end stage liver disease
2. Discuss the challenges of utilizing enteral nutrition in patients with liver disease
3. Discuss the role of parenteral nutrition in liver disease, including nutritional monitoring
UAN:  JA0002345-9999-23-151-L01-P
3:30 PM – 4:30 PM  **Balancing Cost of Goods and Clinical Needs**  
Nicole Jacobson, RD, CNSC - *Clinical Nutrition Program Manager, Soleo Health, Novi, MI*  
Objectives:  
1. Describe the background for the landscape shift in parenteral nutrition over the past 5 years.  
2. Detail the importance of the role of the nutrition support dietitian in today’s practice  
3. Explain who we need to collaborate with for a successful nutrition support program and provide rationale for each  
4. Give 3 examples of how to keep your patients’ clinical needs at the forefront but consider waste and cost in the background  
UAN: JA0002345-9999-23-152-L04-P

4:30 PM – 5:30 PM  **Exhibition Reception**

**Saturday, October 21st**

7:30 AM – 8:30 AM  **Registration/Exhibits/Breakfast**

8:30 AM – 9:30 AM  **De-implementation Science: Nutrition Support Practices We Need to Stop Doing**  
Beth Lyman, RN, CNSC, FASPEN, FAAN - *Nutritional Support Nurse Consultant LLC, Greater Minneapolis-St Paul, MN*  
Objectives:  
1. Define de-implementation science  
2. Differentiate de-implementation science from implementation science  
3. Apply concepts of de-implementation science to de-implement or stop nutrition support practices that are unsafe or ineffective  
4. Summarize methods use to successfully de-implement low value or ineffective practices  
UAN: JA0002345-9999-23-153-L04-P

9:30 AM – 10:30 AM  **Indirect Calorimetry: Measuring Energy Expenditure in the ICU and Beyond**  
Laura Van Althuis, RD, LDN - *Clinical Research Coordinator, Duke University School of Medicine, Durham, NC*  
Objectives:  
1. Describe the role of indirect calorimetry (IC) in nutrition prescription and delivery in acute and non-acute care settings  
2. Determine patient populations that would benefit from indirect calorimetry as part of the patient assessment  
3. Summarize the dynamic nature of resting energy expenditure throughout hospitalization  
UAN: JA0002345-9999-23-154-L04-P

10:30 AM – 11:00 AM  **Break/Exhibits**
11:00 AM – 12:00 PM  
**Prophylactic Enteral Nutrition Support in Pediatric Bone Marrow Transplant**  
Jessica Cavall, MS, RD - Clinical Nutrition III, Pediatric Hematology, Oncology, & Transplant, Children’s National Hospital, Washington DC  
Objectives:  
1. Summarize common pediatric indications for transplant and the transplant admission timelines  
2. Discuss pediatric oncology and transplant nutrition needs  
3. Describe indications for enteral and parenteral nutrition during transplant and common post-transplant complications  
4. Evaluate the literature on the benefits of enteral nutrition and prophylactic enteral nutrition in transplant  
UAN: JA0002345-9999-23-155-L01-P

12:00 PM – 1:00 PM  
**Exhibits and Lunch**

1:00 PM – 2:00 PM  
**Micronutrients in Parenteral Nutrition**  
Darielle Wilhelm, RD, LDN, CNSC - Clinical Dietitian, Department of Clinical Nutrition at Children’s Hospital of Philadelphia, Philadelphia, PA  
Objectives:  
1. Summarize PN micronutrients and trace elements for pediatrics and adults  
2. Differentiate enteral versus parental vitamin provisions  
3. Outline clinical considerations for dosing and lab interpretation  
UAN: JA0002345-9999-23-156-L04-P

2:00 PM – 3:00 PM  
**Managing Nutrition Needs in Patients with Avoidant/Restrictive Food Intake Disorder (ARFID)**  
Jennifer Rabung, RD, RYT, CEDS - Clinical Nutrition II, Children’s Hospital of Richmond, Richmond, VA  
Objectives:  
1. Describe definitions and “personas” associated with ARFID  
2. Detail facts and myths surrounding ARFID  
3. Discuss causes and risk factors for developing ARFID  
4. Describe how ARFID is managed and treated  
UAN: JA0002345-9999-23-157-L04-P

3:00 PM – 3:15 PM  
**Closing Remarks**  
Samantha Haswell, MS, RD  
President, Virginia Society for Parenteral and Enteral Nutrition
# Registration Fees (registration closes the day of the event, advance registrations are encouraged)

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To pay by credit card, please go to the following website: [www.nutritioncare.org/VASPEN](http://www.nutritioncare.org/VASPEN). Please contact ASPEN at 301-587-6315 with any questions regarding payment.

## Cancellation and Refund Policies

**Cancellation 14 or More Days Prior to Conference:** If VASPEN receives your cancellation request 14 or more days before the conference date (before or on October 6, 2023), you will be refunded the registration fee minus a $25 cancellation/administrative fee.

**Cancellation 7 or More Days Prior to Conference** If the cancellation request is 7 or more days before the conference date (before or on October 13, 2023), you will be refunded 50% of the registration fee minus a $25 cancellation/administrative fee.

**Cancellation 6 or Less Days Prior to Conference** If the cancellation request is 6 or less days before the conference date (after October 12, 2023), NO refund will be issued.

- Substitution of registrations is permitted up to seven days prior to the conference for an additional $25 fee. No substitutions will be permitted less than seven days prior to the conference. The cut-off date for substitutions is October 12, 2023.
- Only one substitution is permitted per original registrant.
- Please submit a brief note to vaspen.nutrition@gmail.com to request the substitution, a copy of the previous registrant’s confirmation and a completed registration form for the new participant (i.e. the person you are transferring to) via mail or email and we will process the transfer and email a confirmation to the new participant.
- The individual submitting the substitution request is responsible for all financial obligations (any balance due) associated with that transfer as well as updating any contact information, at the time of the substitution.
- Any changes in courses are subject to availability and any refunds for canceled registrations are subject to the refund policy.

## Liability and Photography Waiver

- I agree and acknowledge that my participation in various VASPEN Nutrition Support Update 2023 (VASPEN23) events may give rise to occasional instances of loss or injury. Except to the extent that such instances may result from the negligence or misconduct of VASPEN, I hereby waive and release any claims that I might have against VASPEN and its members and representatives.
• I understand that VASPEN may, at its option, make photographs, videos or recordings of VASPEN23 events, which may include my likeness or participation, and reproduce them in VASPEN educational, news or promotional material, whether in print, electronic or other media, and VASPEN managed social media sites.
• By participating in VASPEN23, I hereby grant VASPEN permission to make, use and distribute such items, and I waive any rights to seek payment or compensation.

Continuing Education Information
Course Goal and Target Audience The objective of this conference is to support healthcare professionals in development of safe and effective practices for delivery of nutrition support therapy by providing evidence-based education. This program is designed for healthcare practitioners to further their knowledge of nutrition support.

Learning Level The sessions in this conference are planned at the intermediate learning level. Intermediate assumes a general knowledge of the literature and clinical practice within the areas covered. Intermediates sessions are aimed toward individuals wishing to expand their skills and knowledge base.

Successful Completion To obtain credit for this course, participants must attend in full each session claimed for credit and complete the evaluations in ASPEN’s eLearning Center at www.nutritioncare.org/elearning. Registered attendees may log in with the email address and password on file with ASPEN. All evaluations must be completed, and credit claimed by November 20, 2023, no exceptions.

Pharmacists and physicians, please note that ASPEN will upload earned CE credit into the appropriate system within the required timeframe. Any credit not claimed by the deadline will not be entered. Please provide your correct information when completing your evaluation and claiming CE credit. ASPEN submits only the information that is entered by the pharmacist or physician when credit is claimed and is not responsible for following up to obtain any corrected information to ensure an error free submission.

Accreditation

In support of improving patient care, this activity has been planned and implemented by Virginia Chapter of the ASPEN (VASPEN) and The American Society for Parenteral and Enteral Nutrition (ASPEN). ASPEN is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

ASPEN designates this live activity for a maximum of 9 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Pharmacists: ASPEN designates this live activity for a maximum of 9 contact hours/.9 CEUs. ACPE UANs are provided with individual session information. Sessions not displaying UANs are unavailable for pharmacy credit. Knowledge activities

Nurses: ASPEN designates this activity for a maximum of 9 nursing contact hours. ASPEN is approved by the California Board of Registered Nursing, Provider CEP 3970.

Dietitians: ASPEN designates this activity for a maximum of 9 CPEUs.
This activity was planned by and for the healthcare team, and learners will receive 9 Interprofessional Continuing Education (IPCE) credit for learning and change.

**Policies**

Non-Commercialism: ASPEN subscribes to the ACCME Standards for Integrity and Independence in Accredited Continuing Education. ASPEN does not provide programs that constitute advertisement or include promotional materials. ASPEN does not endorse any products.

Privacy and Confidentiality: ASPEN respects the privacy of its members and website visitors. Companies that receive personal information from ASPEN in order to execute the business of ASPEN may use personal information only for that purpose.

**Commercial Relationships Disclosures**

Full faculty and planner disclosures available in final program materials. ASPEN staff have no commercial relationships to disclose.

**Grievances**

Any grievances should be addressed in writing to: VASPEN P.O. Box 1386 Staunton, VA 24402 and to: ASPEN Senior Director, Education and Research, 8401 Colesville Road, Suite 510, Silver Spring, MD 20910.

**Americans with Disabilities Act**

Please contact Laura Johnson, RD at (540) 241-2243 or lap2c@yahoo.com if you require any special disability accommodation.
Hotel/Resort Information: Hilton Garden Inn  
4050 Cox Road, Glen Allen, VA 23060  
Nutrition Support Update 2023  
October 20-21, 2023

Here is the key information. Please be sure to take note of the time sensitive dates.

Group Name: VASPEN Nutrition Support Update
Group Date: October 20-21, 2023
Group Code: NSU2023
Group Rate: 1 King Bed $135.00 plus taxes and fees (cutoff date September 29, 2023)

Bookings can be made by phone or online.

Phone:

Call 804.521.2900 and ask for group code NSU2023

Online:


Please be advised there are a limited number of rooms being held for this group and rooms are available on a first come basis. Rooms booked after the group’s allotment has been filled, or after the cutoff date, are subject to availability and the Group Rate may no longer apply. To ensure availability, please book as soon as possible.