NUTRITION SUPPORT UPDATE 2019

PRESENTED BY
THE PLACE AT INNSBROOK
GLEN ALLEN, VA
NOVEMBER 1st & 2nd 2019

Course Goal and Target Audience: The objective of this conference is to support healthcare professionals in development of safe and effective practices for delivery of nutrition support therapy by providing evidence-based education. This program is designed for healthcare practitioners to further their knowledge of nutrition support.

Learning Level: The sessions in this conference are planned at the intermediate learning level. Intermediate assumes a general knowledge of the literature and clinical practice within the areas covered. Intermediate sessions are aimed toward individuals wishing to expand their skills and knowledge base.

Successful Completion: To obtain credit for this course, participants must attend in full each session claimed for credit and complete the evaluations in ASPEN's eLearning Center at www.nutritioncare.org/elearning. Registered attendees may log in with the email address and password on file with ASPEN. All evaluations must be completed and credit claimed by December 2, 2019, no exceptions.

Pharmacists must enter their NABP eProfile ID and birthday (MM-DD). Pharmacists who do not claim their CE credit by the deadline and provide ASPEN with the correct NABP eProfile ID and birthday number will not have the earned credit submitted to the NABP and ACPE, which must be done within 60 days of the event. ASPEN submits only the information that is entered by the pharmacist when credit is claimed and is not responsible for following up with pharmacists to obtain any additional information to ensure an error-free submission. More information on the pharmacists' requirements can be found at: http://www.nutritioncare.org/Continuing_Education/Claim_CE_Credit/Continuing_Education_Credit/Credit_Specifics/Pharmacists

American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

The objective of this conference is to support healthcare professionals in development of safe and effective practices for delivery of nutrition support therapy by providing evidence-based education. This program is designed for healthcare practitioners to further their knowledge of nutrition support.

Course Goal and Target Audience:


Continuing Education Information

ASCP, Provider AM505, is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). Registered dietitians (RD) and dietetic technicians, registered (DTR) will receive a maximum of 10 Continuing Professional Education units (CPEUs) for the educational programming. An additional 2 CPEUS are also available for interactions with exhibitors. Dietitians may post opinions of the program on CDR's website, www.cdrnet.org.

ASPEN, Provider AM005, is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). Registered dietitians (RD) and dietetic technicians, registered (DTR) will receive a maximum of 10 Continuing Professional Education units (CPEUS) for the educational programming. An additional 2 CPEUS are also available for interactions with exhibitors. Dietitians may post opinions of the program on CDR’s website, www.cdrnet.org.

Pharmacists must enter their NABP eProfile ID and birthday (MM-DD). Pharmacists who do not claim their CE credit by the deadline and provide ASPEN with the correct NABP eProfile ID and birthday number will not have the earned credit submitted to the NABP and ACPE, which must be done within 60 days of the event. ASPEN submits only the information that is entered by the pharmacist when credit is claimed and is not responsible for following up with pharmacists to obtain any additional information to ensure an error-free submission. More information on the pharmacists’ requirements can be found at: http://www.nutritioncare.org/Continuing_Education/Claim_CE_Credit/Continuing_Education_Credit/Credit_Specifics/Pharmacists

American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

As an accredited provider of continuing education, ASPEN subscribes to the ACCME Standards for Commercial Support.

Contact hours earned in this conference may be used toward development of a core curriculum for regional, state or national programs. The course content was developed from the analysis of the literature and recommendations of recognized authorities. ASPEN reserves the right to cancel a session prior to the start of the program. In the event of a cancelation, the participant will be offered an alternative session.

Commercial Relationships:

No apparent conflict, content or role related to established relationships with commercial entity.

Limitations on Commercialism:

ASPEN does not endorse any products. ASPEN does not provide programs that constitute advertisement or include promotional material. ASPEN does not endorse any products. ASPEN does not provide programs that constitute advertisement or include promotional material. ASPEN does not provide programs that constitute advertisement or include promotional material. ASPEN does not provide programs that constitute advertisement or include promotional material. ASPEN does not provide programs that constitute advertisement or include promotional material. ASPEN does not provide programs that constitute advertisement or include promotional material. ASPEN does not provide programs that constitute advertisement or include promotional material. ASPEN does not provide programs that constitute advertisement or include promotional material. ASPEN does not provide programs that constitute advertisement or include promotional material. ASPEN does not provide programs that constitute advertisement or include promotional material. ASPEN does not provide programs that constitute advertisement or include promotional material.

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:

Conflict of Interest:
Program Location
The Place at Innsbrook
4036-C Cox Road
Glen Allen, VA 23060

A block of rooms will be held at the Hilton Garden Inn Richmond Innsbrook, 4050 Cox Road, Glen Allen, VA 23060 until October 11, 2019 at the following rates:

- Standard King: $139.00 + tax
- Standard Queen: $129.00 + tax
- Double Guest Room: $124.00 + tax

Reservations may be made by contacting Hilton Reservations at 1-800-445-4667 or by contacting the hotel directly at (804) 229-5200. Monday through Friday, 9:00am to 5:00pm.

Please provide the group code VASPEN when making your reservation.

Check-in is 3:00 pm; check-out time is noon.

Program Schedule
FRIDAY, November 1, 2019

Registration / Exhibits (Open on your own)
8:30–9:30 am
FODMAPs and Beyond: Nutrition Intervention for IBS
Morgan Briggs, MD, MS
Objectives: Participants will be able to identify parameters for diagnosing IBS and its subsyndromes; explain what FODMAPs are and how they can affect the gut; apply the low-FODMAP diet protocol for IBS, beginning with proper screening and carrying through each of the 3 phases; identify alternative approaches to IBS when FODMAP elimination is contraindicated.
UAN: JA0002345-9999-19-154-L01-P

9:30–10:30 am
Ordering vs. Received: Challenges and Solutions of Meeting Enteral Support Goals in the ICU
Gary Eccleston, MD, MS, RDN
Objectives: Participants will be able to determine the gap that exists between what is ordered versus what is delivered when tube feeding critically ill patients; reveal strategies used to close the ordering-vs-received gap, including volume-based tube feeds, in the ICU; investigate outcomes of meeting and maintaining daily goal volumes of enteral feeding and compare to lesser-fed patients.
UAN: JA0002345-9999-19-149-L01-P

2:00–3:00 pm
Intestinal Rehabilitation & Transplantation
Suki Sutrammanan, MD
Objectives: Participants will be able to assess intestinal competency; summarize the natural history of common etiologies of intestinal failure in the era of modern therapeutics; describe current therapeutic interventions to promote intestinal rehabilitation; describe how to impact the complications of intestinal failure/shock gut syndrome; identify indications for intestinal transplantation.
UAN: JA0002345-9999-19-160-L01-P

3:00–4:00 pm
High Output Ileostomies: It Takes a Village
Carol Rees Parrish, MS, RDN
Objectives: Participants will be able to identify the clinical, psychological, and financial burdens patients with high output ileostomies face; systematically select and dose medications to decrease stool volume; develop a plan to monitor new ileostomy patients after discharge.
UAN: JA0002345-9999-19-117-L04-P

Registration Information

- Complete the attached registration form and return with payment to the address provided. To pay by credit card, please visit the following website: www.nutritioncare.org/vaspen. Please contact ASPEN at 301-587-6315 with any questions regarding payment.
- Paid registration may be canceled in writing without penalty before October 18, 2019. Cancellations after October 18th will NOT be refundable; however, substitute participants are accepted. Please contact Edward Pickett at opjectkt@cloud.com for cancellations or substitutions.
- On-site registration will be available if space allows; advanced registration recommended.
- Please note that printed copies of presentation slides will not be available on site. Prior to the conference, registered attendees will receive an email with a link to the presentation for printing or downloading.

For information regarding this program, please contact Laura Johnson or Edward Pickett at virginia.nutrition@yahoo.com.

Registration Form
Nutrition Support Update 2019
November 1st & 2nd

Name:
Name:

Credentials:
Institution / Affiliation:

Position / Title:

Email Address:

Telephone:

Fax:

Mailing Address:

City / State / Zip:

Are you a VASPEN member?

Yes

No

ASPEN Membership #

Registration Fees (by October 18, 2019)

<table>
<thead>
<tr>
<th>Fee Category</th>
<th>Student (enclose proof of student status)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Registration</td>
<td>$35</td>
</tr>
<tr>
<td>Late Fee ($25 if postmarked after 10/18)</td>
<td></td>
</tr>
<tr>
<td>ASPEN Member Discount (Subtract $25)</td>
<td></td>
</tr>
<tr>
<td>Total</td>
<td>$35</td>
</tr>
</tbody>
</table>

Please indicate any dietary restrictions:

Please check here if you plan to attend the Friday evening reception:

<table>
<thead>
<tr>
<th>Fee Category</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Late Fee (50% if registered after 10/18)</td>
<td>$25</td>
</tr>
<tr>
<td>VASPEN Member Discount (Subtract $25)</td>
<td></td>
</tr>
<tr>
<td>Total</td>
<td>$25</td>
</tr>
</tbody>
</table>

Please detach and return with payment to: ASPEN • VASPEN Conference Registration • 8401 Colesville Rd, Suite 510 • Silver Spring, MD 20901