Dietary Factors for Patients on Incretin Mimetics Weight Loss Medications

Date: Monday, October 30, 2023
Time: 5:00 pm-8:00 pm EST
Location: The Rutgers Club
85 Avenue E
Piscataway, NJ 08854

Cost: JASPEN Members: $20 | Non-JASPEN Members: $40 
Students: FREE

Description:
Please join us for dinner and a presentation by Dr. Sue Shapses.

5:00-5:30pm: Registration
5:30-6:30pm: Buffet Dinner & Networking
6:30-7:30pm: Presentation & Q&A Session

Objectives:
1. Define the amount of weight loss with incretin mimetics as compared to standard techniques.
2. Identify the diet related side effects of incretin mimetics.
3. Understand the role of dietary protein on lean body mass and bone during weight loss, and the implications for patients on pharmacotherapy

Speaker:
Dr. Sue Shapses, PhD, RDN
Professor, Department of Nutritional Sciences, Rutgers University
Department of Medicine, Rutgers RWJ Medical School
Director, NExT Center, NJ-Institute Food Health and Nutrition

Registration:
Registration is available by clicking here or by using the QR code.
Registration is encouraged by Friday, October 20th to secure your spot, however on-site registration will also be available.

Continuing Education:
1.0 CEU for Registered Dietitian Nutritionists is pending approval.

Questions? Please contact Jennifer Bridenbaugh: bridjenr@rutgers.edu or Eleni Pellazgu: pellazel@scarletmail.rutgers.edu.
Parking:
Visitors may park in **Lots RU Club & #101**. Guests must register for parking for the event by clicking **here** or by using the QR code on the right.

To park in the **Green and Yellow** lot guests must register or use click on this link: **NJ ASPEN Fall Dinner Conference**

If you do not register your vehicle for the event, you may receive a citation. Special Event parking does not include metered parking or allow free parking to faculty, staff, or students. Rutgers affiliated Faculty, Staff and Students must have a Rutgers parking permit (Semester, Daily, or Event) and park accordingly. Faculty, Staff, and Students parking without a parking permit or outside their parking permit assignment will be subjected to ticketing and/or towing.

**Directions to the Rutgers Club:**
Follow Route 18 North or South to Metlars Lane exit for Livingston Campus. Bear right onto Avenue E and follow to circle. Proceed halfway around the circle and continue to follow Avenue E East down to the first driveway on your left by Beck Hall. Pull into the driveway and proceed straight ahead into The Rutgers Club parking lot. The sidewalk on the left side of the lot will lead you to our side door main entrance.

If this lot is filled, proceed further down Avenue E to the next parking lot #101 on the left with the solar panels. Park in the visitors parking spaces in the front two rows of the parking lot. Follow the pedestrian walkway at the left side of the parking lot behind the LDC dock area and through the fence, across the Rutgers Club parking lot to the sidewalk that will lead you to our side door main entrance. Take the stairs to your left or use the elevator, straight through the double doors and on your left. The Club Room is located at the top of the stairway. If your event is located in Room ABC, please follow the hallway to your left and through the building to reach Room ABC which will be on your left at the end of the hall.