

ASPEN Nutrition Science & Practice Conference

2019 Call for Abstracts Table of Contents

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1. **Key Dates and Submission Site**

Original, International, Encore Abstracts

Submission opens: July 02, 2018 at 8:00 am ET

Submission closes: October 02, 2018 at 11:59 p.m. ET;

There is one submission time period for the 2019 ASPEN Nutrition Science & Practice Conference. Late-breaking abstracts **WILL NOT** be accepted.

Submission fees*

Early bird submission fee: \$50 from July 02, 2018 – September 18, 2018 at 11:59 pm ET

Standard submission fee: \$100 from September 19, 2018 – October 02, 2018 at 11:59 pm ET

*Submission fees are administrative fees and are not meant to be punitive in nature. Submission fees are **NOT** refundable for any reason.

Notification of abstract status will be provided in late December 2018.

To submit an abstract, please visit the [Abstract Submission Site](https://aspen2019.abstractcentral.com/) or type the URL <https://aspen2019.abstractcentral.com/> into your browser and follow the instructions provided. For questions on abstract submission, contact Sara Fleming at saraf@nutritioncare.org.

2. **Abstract Submission Options**

Original Abstracts - *unpublished basic or clinical research and data, practice abstracts, retrospective studies, vignettes, or case studies.* Research methodology may range from prospective, randomized trials, and systematic reviews to quality improvement projects and unique case reports. Depending on review score, these abstracts may be presented in poster sessions, oral paper sessions, and/or the Research Workshop and are eligible for [Original Abstract Research Awards](#): Harry M. Vars and Promising Investigator, Research Trainee, Best International Abstract, Research Workshop Travel, Best of ASPEN Nutrition Science & Practice Conference, and Abstracts of Distinction. You must OPT-IN to be considered for the Vars/ Promising Investigator, Trainee, or Research Workshop awards. See added information in item #12 on page 7 of this document.

Encore Abstracts - *abstracts previously presented at another conference or previously published in a peer-reviewed journal.* Encore abstracts are eligible for presentation at ASPEN Nutrition Science & Practice Conference if the abstract was previously presented at a conference or submitted to a journal no more than 6 months prior to the ASPEN Conference. Abstract submission deadline of October 02, 2018. These abstracts will be presented as posters and are not eligible for Original Abstract Research Awards, except abstract of distinction.

International Abstracts - *Original or Encore Abstracts submitted by an investigator residing in a country other than the United States.* In addition to the awards noted above, Original International Abstracts are eligible for the International Abstract Research Awards: Best International Abstract or International Abstract of Distinction. Submitters must opt-in at the time of online abstract submission to be eligible for awards.

3. Abstract Topics

During the online abstract submission process, you will be asked to categorize your abstract according to ASPEN's six primary abstract topic areas to ensure that your abstract is reviewed appropriately. Please review **Table 1** below that summarizes these six groups of research in nutrition therapy and metabolism that ASPEN typically accepts. You will need to select at least one, but no more than three topic areas that are most relevant to your abstract. **The list is not all inclusive; you should select the best fit for your abstract.**

Table 1. Abstract Topic Areas

Group # 1 Parenteral Nutrition Therapy	access devices acid-base chronic / degenerative disease and PN compatibility complications diabetes – glucose control disease or condition specific PN drug–nutrient interaction fluid - electrolyte funding & reimbursement	home / alternate site indications lipid formulations macro & micronutrients monitoring nutrition support teams (related to PN) quality control & improvement (related to PN) safety shortages & alternative products stability
Group # 2 Enteral Nutrition Therapy	access devices chronic / degenerative disease and EN complications diabetes – glucose control disease or condition specific EN drug- nutrient interactions formulas funding & reimbursement	home and alternate site indications macro & micronutrients monitoring nutrition support teams (related to EN) quality control & improvement (related to EN) reimbursement safety
Group # 3 Malnutrition, obesity, nutrition practice concepts and issues	bariatrics bariatric surgery and complications body composition complementary & alternative medicine chronic diseases and nutrition related to malnutrition education ethics evidence-based practice exercise physiology guidelines	malnutrition malnutrition coding metabolic syndrome nutrition and taste obesity payers and malnutrition nutrition assessment nutrition support teams related to malnutrition or obesity quality control & improvement related to malnutrition or obesity- bariatric
Group # 4 Critical care and critical health issues	burns cancer cardiac critical care immunodeficiency and immunonutrition infection inflammation intestinal failure perioperative concerns (glucose control, CHO loading)	pharmaconutrition (related to critical care and critical health issues) pulmonary sepsis trauma wounds surgery transplant
Group # 5 GI and other nutrition and metabolic– related topics	allergy basic nutrient research biotics cholestasis chronic & degenerative disease endocrine gastroenterology geriatrics gut microbiota hepatic and pancreatic disease and conditions insufficiency	IBD metabolic pathways metabolomics nutrigenomics neurological disorders osteoporosis pharmacokinetics pharmaconutrition pancreatic insufficiency (cystic fibrosis) renal short bowel
Group # 6 Pediatric/ Neonatal/ Pregnancy/ Lactation	ketogenic diet NEC neonatal neonatal bone NICU & PICU	pediatric malnutrition pediatric short bowel PNALD pregnancy & lactation

4. **Abstract Methodology Types**

You will need to select the single methodology category that most closely represents your abstract.

Research Methodology	Examples
Basic Science	“Bench research” <i>In vitro</i> studies or animal research
Clinical Science	Observational or interventional clinical trials, case-controlled or case studies, registry driven analyses, qualitative studies
Education, Quality Control & Improvement	Education or quality improvement programs, non-scientific surveys, programmatic communication
Meta-analyses, Systematic Review	Meta-analysis or Systematic Review of other studies

Sample Abstracts - All ASPEN Nutrition Science & Practice Conference abstracts must present qualitative or quantitative data that are directly relevant to the topic of the abstract. Abstracts describing only methodologies, concepts, or other topics will not be accepted without accompanying data or results. Case studies are exempt from the requirement for extensive data but must be unique, providing learning points or unusual clinical presentations. Please click directly on the hyperlinks below for examples of several types of previously accepted abstracts.

- [randomized trial](#)
- [systematic review](#)
- [quality improvement project](#)
- [case study](#)
- [basic science](#)

Research Agenda - In November 2013, ASPEN’s [Research Agenda](#) was published. This document, found in **Appendix B** will familiarize abstract authors with investigative priorities established by our Society. Authors are encouraged to be aware of and, when possible, submit abstracts reflecting these core research areas. Please note that this is not a requirement, but rather a statement of ASPEN’s priority research interests.

5. **Disclosure Information and Off-label Discussion**

Disclosure information is required for **all authors** at the time of submission of the abstract. If any of the abstract authors have financial relationships with a commercial interest (any entity producing, marketing, re-selling, or distributing healthcare goods or services consumed by or used on patients) that are relevant to the topic of the abstract, the following needs to be submitted for EACH author:

- *Company name* (commercial interest).
- *What was received* (i.e. honorarium, financial support/grant or research funding/equipment or supplies, fee for service; ASPEN does not want to know amounts, just the description of what was received)
- *Role played* (such as speaker bureau, employee, consultant, PI on a supported grant, or other financially beneficial relationship)

Providing accurate disclosure information is mandatory, and failure to do so will result in an inability to participate in the conference programming in any capacity.

If the abstract discusses off-label uses (product applications that are not approved by the U.S. FDA) of licensed pharmaceutical or medical device products, the authors will need to identify the product and the nature of off-label use.

6. **Presentation Type**

You must choose one of the following options as your presentation preference:

- oral presentation
- poster presentation
- either oral or poster

The Abstract Review Committee will try to accommodate preferences, but the final presentation type will be dependent on the score the abstract received.

When submitting, be prepared to answer these:

- Did you have to obtain approval of your abstract content from any commercial sponsor prior to submitting this abstract?
- Was this work conducted under approval of ethical, animal, or human study boards (IRB, etc.) as applicable? If not, you must explain why not, or why approval was not necessary.
- Did you confirm disclosure information with each author?
- Was this abstract topic was inspired by a previous ASPEN Research Workshop (live, online, or in print)?
- Do you need to acknowledge financial support /funding (Grant/University/ Industry/etc.)?

7. **Abstract Writing Standards**

Presenting Author - The presenting author is listed as the first author in the submission system, is designated as the presenter, and is required to attend ASPEN Nutrition Science & Practice Conference if the abstract is accepted. This is particularly important for those who wish to Opt-in for consideration for the Vars Award. There are no financial stipends available to cover expenses.

Abstract Character Count - A maximum of 3780 characters, approximately 500 words, including spaces and punctuation is allowed. This does not include title and author/institution list.

Accuracy, Grammar, Spelling - Submit abstract in Word or other word-processing software. If accepted, YOUR ABSTRACT WILL BE PUBLISHED AS SUBMITTED. ***You are 100% responsible for spelling, grammar, and scientific accuracy.***

Tables and Images – It is important that you follow these instructions as well as those in the submission site. A maximum of 2 tables, either created within the system or converted to an image file, and 2 images /figures /charts (bmp, gif, tif, jpg) are allowed per abstract. There are no character count limits for these items. Images should be set at 300 dpi in order for clarity in print. Free graphics software include: www.irfanview.com; www.gimp.org; www.getpaint.net. **The submission site CANNOT ACCEPT PowerPoint, Word, PDF or Excel files as table or image uploads. An X in the image box at submission indicates you submitted an unusable format! If your images are not readable after submission, they will not accompany the published version of your abstract in JPEN.**

Author Personal Information - When submitting an abstract, provide:

- First and last name
- Credentials/Degree (e.g. MD, PhD, RD, RN, RPh, PharmD, MBBS, etc.)
- Job/position title; Institution/organization
- Business address including City, State/Province, Country, zip
- Email address
- Business telephone
- Conflict of interest disclosure information

Abstract Revisions - You may login to the [Abstract Submission](https://aspen2019.abstractcentral.com/) site or type the URL <https://aspen2019.abstractcentral.com/> into your browser as many times as necessary to complete the submission process until the submission deadline of October 02, 2018, 11:59 p.m. ET. ASPEN will only review your abstract if you have completed the submission process, including the payment step, by the submission deadline. **Revisions will NOT be accepted after the submission deadline.**

8. Abstract Acceptance Criteria

ASPEN Nutrition Science & Practice Conference abstracts must meet the following criteria for acceptance:

- Abstract submitted in English, including tables/charts and figures
- Relevance and uniqueness of the study or presentation to the field of nutrition therapy and metabolic support
- Authors are encouraged to submit abstracts that: address unique or emerging nutritional issues; contribute new information to the field; show strong applicability to or improvement of nutrition therapy practice or metabolic support
- Clarity of the introduction, hypothesis, or purpose for the study or presentation
- Quality of the research design and methodology
- If relevant, the hypothesis is clearly stated
- Methods are clear and appropriate
- Sufficient sample size to validate conclusions
- Investigators took measures to control for threats to validity and reliability
- Validity and sufficiency of the data
- Enough data or findings to form conclusions
- If relevant, statistical analysis of the data is appropriate
- Study was completed
- Relevance of the conclusions to the data
- Case studies and vignettes are exempt from the requirement for extensive data; however, must be unique, providing learning points or unusual clinical presentations
- Abstract carefully reviewed for spelling, grammar and formatting
- Abstract is free of promotional material, and it is not commercial in nature
- Brand names for products or services are not mentioned in the title, but may be mentioned once in the methodology section

9. Abstract Selection Process

Review and Selection Process - The ASPEN Abstract Review Committee conducts a rigorous peer review of all abstracts submitted. On average, ASPEN accepts approximately 85 - 90 percent of all abstracts submitted. There will be no reconsideration of non-accepted abstracts. Abstracts are selected for Poster Sessions at designated times in the Exhibit Hall, or oral presentations, and may additionally be poster presentations at the Research Workshop. There is no refund of the submission fee if the abstract is not accepted.

If your abstract has been accepted for presentation, but you are unable to attend ASPEN Nutrition Science & Practice Conference, contact Sara Fleming at ASPEN as soon as possible at saraf@nutritioncare.org. You will have two options: 1) Designate a co-author on the abstract as the new presenting author; or 2) Withdraw the abstract. There is a withdrawal deadline of December 21, 2018. Refunds will not be issued for abstracts that are withdrawn.

10. Abstract Publication and Copyright

All accepted abstracts are published online in the [Journal of Parenteral and Enteral Nutrition \(JPEN\)](#)

Original Research- You will be asked to transfer the abstract copyright to *JPEN*, ASPEN's scientific journal, for your original abstract. All authors must agree to this. Read further instructions in the online system.

Federal Employees- Federal employees may select the box indicating there is no copyright to convey.

Encore Abstracts - Encore abstracts (previously presented at another conference or submitted to a journal no more than 6 months prior to the ASPEN Nutrition Science & Practice Conference abstract submission deadline) can be submitted, but will not qualify for Original Abstract Research Awards and will be presented as posters. If you are submitting an abstract that was previously presented, you will advise ASPEN via a checkbox in the abstract submission site. You must provide the name of the conference and date presented. If the abstract was previously published, the full citation is requested. In either case (published or presented), if you wish to have ASPEN republish your work in *JPEN* online, we must have formal re-publication (re-print) permission from the conference organizer or journal publisher, whoever holds the copyright for the abstract. **It is your responsibility to obtain permission to re-print** your work from the copyright owner, and to submit it to ASPEN, saraf@nutritioncare.org. If permissions are not received by December 21, 2018, your abstract title, author list, and encore status will be published without the abstract text. If the previous conference/journal did not take copyright, there is a check box indicating that you have the right to convey it to ASPEN.

11. Submission/Registration & Travel Fees

Submission Fees- The cost of submission for Original, Encore, and International Abstracts is \$50 per abstract during the early bird submission period from July 02, 2018 – September 18, 2018 at 11:59 pm ET and \$100 during the standard submission period from September 19, 2018 – October 02, 2018 at 11:59 pm ET. If an abstract is not accepted, the cost of submission will NOT be refunded. Abstracts that are voluntarily withdrawn will NOT have the submission fee refunded.

Registration & Travel Fees- Visit www.nutritioncare.org/conference and click Attendees. ASPEN will make every effort to notify all abstract authors of their acceptance status prior to the early-bird registration deadline. You are encouraged, however, to register for ASPEN Nutrition Science & Practice Conference when you submit your abstract. If the early-bird deadline has passed, ASPEN may extend it for abstract authors. Individuals who have an abstract accepted into the conference program as a poster or oral presentation are responsible for their own travel and conference registration expenses.

12. Original Abstract Research Awards

Abstract Awards Consideration - You must opt in to be considered for most Original Abstract Research Awards. There are some obligations associated with the awards, and you must certify that you acknowledge and will accept those obligations if your abstract is selected. Detailed information regarding the obligations are included in the online submission system.

ASPEN offers the following awards:

- **Harry M. Vars Award and Promising Investigator Award** – honors an Early Career Investigator who has submitted a top-scoring Original Abstract to ASPEN Nutrition Science & Practice Conference.
 - ASPEN considers an applicant an Early Career Investigator if he/she is within 10 years of completing a terminal research degree or medical residency, or end of post-graduate clinical training (or the equivalent). Career Status adapted from [NIH Guidelines for New Investigators](#).
 - Be at or below the rank assistant professor
 - Must not have obtained funding larger than trainee level grant funding from a large governing research body such as the NIH. <https://grants.nih.gov/policy/early-investigators/list-smaller-grants.htm>.
 - Prior Vars Award Winners will not be considered.
 - This candidate demonstrates excellence via manuscript submitted to JPEN no later than January 16, 2019, and oral presentation at ASPEN Nutrition Science & Practice Conference's Premier Paper session. Vars Candidate (Presenter) must be listed as the first author in the author list
 - The Promising Investigator Award is given to the runner-up in the competition.
 - Vars candidates present their abstracts at the Premier Paper Session, and may also be asked to present their abstract at the ASPEN Nutrition Science & Practice Conference's Research Workshop if topically applicable
- **Research Trainee Awards** – honor investigators still in training who have submitted top-scoring original abstracts to the ASPEN Nutrition Science & Practice Conference. \$500 travel award.
- **International Abstract Research Awards** – honors international investigators who have submitted top-scoring original abstracts to the ASPEN Nutrition Science & Practice Conference.
- **Research Workshop Travel Awards** – honors Early Career Investigators who have submitted top-scoring original abstracts to ASPEN Nutrition Science & Practice Conference that align with the year's Research Workshop topic. Up to \$600 travel expense award.

Awards not requiring opt-in:

- **Abstracts of Distinction** – Awards given to first authors of top-scoring abstracts that display extraordinary originality, explore new aspects of a topic, and/or investigate unique aspects of a subject. Submitters are not required to opt-in to compete for this award.
- **Best of ASPEN Nutrition Science & Practice Conference.** For each of ASPEN's six abstract categories (Parenteral, Enteral, Malnutrition/Obesity/Practice concepts, Critical Care, GI, Pediatric/ Neonatal), the presenting author of the top-scoring (non-Vars candidates) will be acknowledged with a certificate and will be published in *JPEN* awarded abstracts. Winning Encore must provide ASPEN with permission to reprint their abstracts from the copyright owner prior to December 21, 2018.

Abstract Type	Abstract Research Award Eligibility					
	Vars/Promising Investigator	Research Trainee	International	Research Workshop	Abstracts of Distinction	Best of ASPEN Nutrition Science & Practice Conference

Original	Yes	Yes	Yes*	Yes*	Yes*	Yes*
Encore	No	No	No	No	No	yes

***Submitters whose abstracts are selected as Vars Candidates are not eligible**

New at the 2019 ASPEN Nutrition Science and Practice Conference: Resident Physician award.

Physicians in resident training programs may be eligible for complementary registration, given an accepted abstract.

For more information, visit [ASPEN's Research Awards](http://nutritioncare.org/Research/Awards/Original_Abstract_Awards/) webpage or type the URL http://nutritioncare.org/Research/Awards/Original_Abstract_Awards/ into your browser. Encore Abstracts are accepted for poster presentations and are ineligible for these awards.

13. Resources

The following resources are available to assist with preparation of ASPEN Nutrition Science and Practice Conference abstracts.

- [Frequently Asked Questions](#) About Abstract Submission
- Boullata JI, Mancuso CE. A “How-To” Guide in Preparing Abstracts and Poster Presentations. *Nutr Clin Pract.* 2007; 22: 641-646.
- Bliss DS, Guenter PA, Heitkemper MM. [Clinical Research: From Proposal to Publication: Are You Writing Research Right?](#) *Nutr Clin Pract.* 2000; 15: 299-305.
- [ASPEN’s Poster instructions](#)
- A [Research Toolkit](#) is available to ASPEN members as a resource with information on General Research, Research Design and Methodology, Grant Writing, and more

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