

## EDUCATIONAL INFORMATION

### ASPEN Self-Assessment Program Modules

#### Course Goal and Target Audience:

ASPEN's Self-Assessment online modules are designed to support interdisciplinary health care professionals seeking to assess their knowledge of specialized nutrition and metabolic support both in clinical practice and research settings. Committed to impacting patient wellness, ASPEN provides this interactive educational tool to enhance understanding of current evidence-based specialized nutrition and metabolic support.

#### Objectives:

- Identify areas of knowledge in specialized nutrition and metabolic support that require further study.
- Develop and integrate analytical thinking skills to improve clinical practice.
- Refine current clinical knowledge and practice to reflect recent advances in specialized nutrition support.
- Develop skills in interpreting medical literature.
- Increase proficiency in utilizing online resources and taking computerized examinations.

**Successful Completion:** To obtain credit for this course, attendees must complete an entire online module, attain a 60% correct score on the posttest and complete a program evaluation. Dietitians and other CDR credentialed practitioners must also complete and retain a copy of the CDR issued Critical Thinking Self-Study Evaluation Tool. Pharmacists must provide their birthday (MMDD) and NABP e-PID. Details are available at

[http://www.nutritioncare.org/Continuing\\_Education/Claim\\_CE\\_Credit/Continuing\\_Education\\_Credit/](http://www.nutritioncare.org/Continuing_Education/Claim_CE_Credit/Continuing_Education_Credit/)

#### ASPEN Self-Assessment Modules

- I V.5 - Nutrition Assessment
- IIA V.5 - Parenteral Nutrition
- IIB V.5 - Complications of Parenteral Nutrition
- IIIA V.5 - Introduction to Enteral Nutrition
- IIIB V.5 - Enteral Nutrition Administration, Monitoring, and Clinical Issues
- IV V.5 - Condition-Specific Nutrition Support
- V V.5 - Considerations in Nutrition Support of the Pediatric Patient
- VI V.5 - Considerations in Nutrition Support of the Older Adult
- VII V.5 - Home Nutrition Support
- VIII V.4 - Fundamentals of Nutrition and Metabolism

Note: V.5 after the module indicates the fifth version of the module (example, IIA V.5) and all fifth versions have been approved for CE credit for three years from the date of release. V.4 after the module indicates the fourth version of the module (example IV V.4) and all fourth versions have been approved for CE credit for three years from the date of release.

**Continuing Education Credit:** Each Self-Assessment Module provides two hours of continuing education credit, see discipline-specific data.

#### ACPE UANs:

- Module I V.5: JA0002345-0000-20-141-H04-P
- Module IIA V.5: JA0002345-0000-19-074-H04-P
- Module IIB V.5: JA0002345-0000-19-075-H04-P
- Module IIIA V.5: JA0002345-0000-19-076-H04-P
- Module IIIB V.5: JA0002345-0000-19-077-H04-P
- Module IV V.5: JA0002345-0000-20-096-H01-P
- Module V V.5: JA0002345-0000-20-097-H04-P
- Module VI V.5: JA0002345-0000-20-142-H04-P
- Module VII V.5: JA0002345-0000-20-098-H04-P
- Module VIII V.4: JA0002345-0000-20-099-H04-P

#### Dietitians, Nurses, Pharmacists and Physicians



JOINTLY ACCREDITED PROVIDER™  
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, The American Society for Parenteral and Enteral Nutrition (ASPEN) is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

ASPEN designates this [each] enduring activity for a maximum of 2.0 *AMA PRA Category 1 Credits™* per activity/study module. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Pharmacists: ASPEN designates each enduring/on demand activity for a maximum of 2 contact hours/0.2 CEUs. Knowledge activities.

Nurses: ASPEN designates each program for a maximum of 2 nursing contact hours. ASPEN is approved as a provider of continuing nursing education by the California Board of Nursing, provider number CEP3970.

Dietitians: ASPEN designates each activity for a maximum of 2 CPEUs.

 Commission on Dietetic Registration <small>the credentialing agency for the Academy of Nutrition and Dietetics</small>	Completion of this RD/DTR profession-specific or IPCE activity awards CPEUs (One IPCE credit = One CPEU). If the activity is dietetics-related but not targeted to RDs or DTRs, CPEUs may be claimed which are commensurate with participation in contact hours (One 60 minute hour = 1 CPEU). RD's and DTRs are to select activity type 102 in their Activity Log. Performance Indicator selection is at the learner's discretion.
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IPCE CREDIT™

This activity was planned by and for the healthcare team, and learners will receive 2 Interprofessional Continuing Education (IPCE) credits [per activity] for learning and change.

#### Policies/Information:

**Non-Commercialism:** ASPEN subscribes to the ACCME Standards for Commercial Support. ASPEN does not provide programs that constitute advertisement or include promotional materials. ASPEN does not endorse any products.

#### Release and Expiration Dates:

- V.5 of Modules I, VI: Released September 11, 2020. Expires September 11, 2023.
- V.4 of Module VIII released March 13, 2020. Expires March 13, 2023.
- V.5 of Modules IIA, IIB, IIIA and IIIB: Released March 12, 2019. Expires March 12, 2022
- V.5 of Modules IV, V, VII: Released March 13, 2020. Expires March 13, 2023.

Computer requirements and technical support: Tech support, 210-816-0077 or [help@digitaltangents.com](mailto:help@digitaltangents.com).

**Minimum computer:** Internet connection at 28.8kps or higher; browser: IE6+, Firefox 1+, Opera 8+, Netscape 8+; browser set to accept cookies, Java and Java Script enabled; Adobe Flash Player 7 and Adobe Reader 7+ + (free from Adobe's website); screen resolution 800\*600.

**Refund Policy:** Refunds are not available if you have accessed the module content.

**Grievances:** Grievances must be submitted in writing to ASPEN Director, Education and Research at ASPEN 8401 Colesville Road, Suite 510, Silver Spring, MD 20910.

**Planning Committee/Faculty Commercial Relationships Disclosures and Conflicts of Interest (COI)**

**V.5 revisions of modules IV, V, and VII and V.4 of module VIII during the time of module revision.**

Nothing to disclose:

Ada Lin, Alice White, Allison Beck, Amanda Gilhool, Amy Hurd, Andree Richardson, Anisha Chhibber, Ashley Prusakov, Caitlin Rohrmann, Christy Hummell, Elizabeth Mannon, Emily Kilgo, Erin Shepherd, Hannah Russell, Harlan Husted, Jenna Kelley, Jennifer Tomesko, Julie Geyer, Karen Beal, Katie Braun, Kelsey Johnson, Kimberly Freeman, Lacey Harter, Laura Gollins, Leslie Goudarzi, Liz Page, Lynn Kline, Margaret Buell, Marisa Mozer, Mary Alice White, Mary K Sharrett, Melissa Stabler, Molly Goggans, Naureen Sajwani, Olivia Phillips, Peter Lopez, Quintin Broussard, Raul Sanchez Leon, Rebecca Wehner, Ronelle Mitchell, Sarah J. Miller, Sarita Bajpai, Sonia Govil, Stephanie Davis, Stephanie Send, Susan Doyle, Tamara Gordon, Teresa D Puthoff, Teresa Shurley

Carole Thompson	Baxter, speaker, honorarium One time event, no ongoing speaker relationship - this was a one time event.	Any potential COI resolved via the peer review process and/or exclusion from participation in topic specific components of the program.
Andree Richardson	Honorarium from Shire for consultant role.	Any potential COI resolved via the peer review process and/or exclusion from participation in topic specific components of the program. Served more than one year on the committee and this relationship was over 12 months old during time on 2019 – 2020 committee.

**V.5 revisions of modules I and VI during the time of module revision.**

Nothing to disclose:

Alice White, Amy Hurd, Anisha Chhibber, Ashley Prusakov, Caitlin Rohrmann, Christy Hummell, Elizabeth Mannon, Emily Kilgo, Erin Shepherd, Julie Geyer, Karen Beal, Kelsey Johnson, Kimberly Freeman, Lacey Harter, Leslie Goudarzi, Liz Page, Lynn Kline, Margaret Buell, Marisa Mozer, Mary K Sharrett, Olivia Phillips, Peter Lopez, Quintin Broussard, Raul Sanchez Leon, Rebecca Wehner, Sarah J. Miller, Sarita Bajpai, Stephanie Send, Susan Doyle, Tamara Gordon, Teresa D Puthoff

Carole Thompson	Baxter, speaker, honorarium One time event, no ongoing speaker relationship - this was a one time event.	Any potential COI resolved via the peer review process and/or exclusion from participation in topic specific components of the program.
Andree Richardson	Honorarium from Shire for consultant role.	Any potential COI resolved via the peer review process and/or exclusion from participation in topic specific components of the program. Served more than one year on the committee and this relationship was over 12 months old during time on 2019 – 2020 committee.

For all module versions: ASPEN staff have no commercial relationships to disclose.

**V.5 revisions of modules IIA, IIB, IIIA, and IIIB during the time of module revision.**

Nothing to disclose: Ada Lin, Allison Beck, Amanda Gilhool, Amy Hurd, Elizabeth Mannon, Hannah Russell, Harlan Husted, Jenna Kelley, Jennifer Tomesko, Julie Geyer, Katie Braun, Kimberly Freeman, Laura Gollins, Leslie Goudarzi, Lynn Kline, Marisa Mozer, Mary Alice White, Melissa Stabler, Molly Goggans, Naureen Sajwani, Peter Lopez, Quintin Broussard, Raul Sanchez Leon, Ronelle Mitchell, Sarah Miller, Sonia Govil, Stephanie Davis, Tamara Gordon, Teresa Shurley

Allison Beck, Andrew Mays, Caitlin Rohrmann, Caroline Couper, Caylin Hughes, Corey Hawes, Denise Wax, Gregory Roberti, Harlan Husted, Jennifer Carvalho, Jennifer Tomesko, Julie Geyer, Kaitlyn Philipps, Katie Braun, Kelly Stapleton, Kristen Lach, Laura Gollins, Leah Hoffman, Lynn Kline, Melissa Stabler, Molly Goggans, Pak Hei Mak, Peter Lopez, Raul Sanchez Leon, Rebecca Knight, Stacey Roberts, Tamara Gordon, Teresa Shurley

Mara Lee Beebe	Honorarium/consultant fee from Nutricia Speaker's Bureau	Any potential COI resolved via the peer review process and/or exclusion from participation in topic specific components of the program.
Andree Richardson	Honorarium from Shire for consultant role	Any potential COI resolved via the peer review process and/or exclusion from participation in topic specific components of the program.